

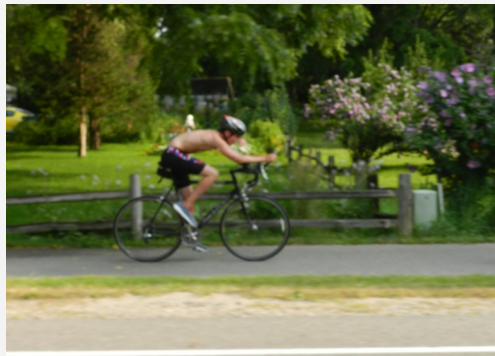
# SPRING LAKE KIDS TRIATHLON



SPRING LAKE COMMUNITY  
Fitness & Aquatic Center

Saturday, June 24, 2017

9am



This fun event is for kids 8-15 years old. Register online at [www.signmeup.com/119961](http://www.signmeup.com/119961). Registration forms are available at the SLCFAC front desk. \$25 for members and \$35 for non-members.

## DISTANCES FOR THE RACE:

Pool: (8-11 yrs) 100 yards/(12-15 yrs) 200 yard

Bike: (8-11 yrs) 2.5 miles/(12-15 yrs) 5 miles

Run: (8-11 yrs) 1 miles/(12-15 yrs) 2 miles

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Physical Therapy  
Athletic Performance  
Wellness Solutions

