

Ottawa County YAS

Youth Assessment Survey

20
25



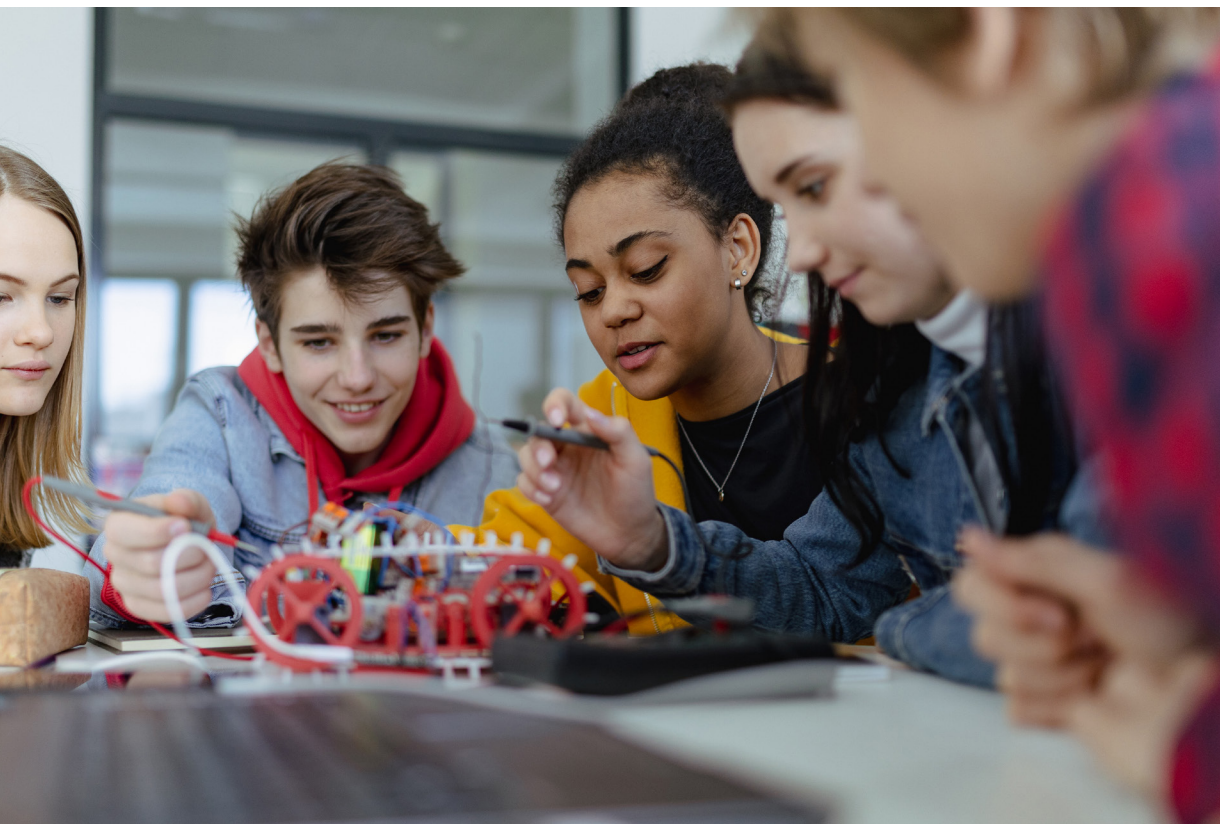


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Funding Provided By

Allendale
community foundation™



Coopersville Area
community foundation™



YAS Committee



*mi*Ottawa Department of
Public Health

YAS Acknowledgments

Thank You

A special thank you to the school district superintendents, school principals, administrators, teachers, parents/guardians, and students for participating in the 2025 Ottawa County Youth Assessment Survey (YAS). Planning and implementation of this study was coordinated by the YAS Committee in partnership with participating school districts, whose collective time and efforts were invaluable in making this project possible.

Funding Provided By

- Allendale Community Foundation
- Community Foundation of the Holland/Zeeland Area
- Coopersville Area Community Foundation
- Corewell Health
- Grand Haven Area Community Foundation
- Holland Hospital
- Ottawa Substance Abuse Prevention Coalition
- Trinity Health

Analysis

The data analysis and report were provided by Epidemiologists Tiffany Simecki, MS and Derel Glashower, MPH with the Ottawa County Department of Public Health and Associate Analyst Haiden Trowbridge with Grand Valley State University. Data was collected from September 2025 through November 2025 and published May 2026.

YAS Committee

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- Lynsey Comeau, Heart of West Michigan United Way
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- Stacey Sills, Ottawa Area Intermediate School District
- Amy Sheele, Ottawa County Department of Public Health
- Derel Glashower, Ottawa County Department of Public Health
- Tiffany Simecki, Ottawa County Department of Public Health

YAS Introduction

What is the YAS?

- A locally developed teen survey introduced in 2005.
- Administered every two years to grades 8, 10, and 12 in participating Ottawa County schools, with some school systems also administering to grades 7, 9, and 11 (offered 2019, 2021, 2023, and 2025).
- Monitors how behaviors increase, decrease, or stay the same over time.
- Measures how many teens are engaged in a variety of risky and beneficial behaviors that affect their health and well-being.



Why is the YAS important?

- Provides evidence-based information about what the biggest needs are (and aren't) among Ottawa County teens.
- Gives parents/guardians information they may use to guide their teens in becoming physically, emotionally, and mentally healthy adults.
- Helps faith communities, local agencies, and schools focus their efforts on the most pressing and prevalent issues teens face.
- Helps evaluate the effectiveness of interventions developed to address pressing and prevalent teen issues.
- Provides the option for school districts to compare their own results with Ottawa County as a whole, allowing evidence-based decisions about how to address their student body's unique needs.
- Organizations and community members may request additional analysis suited to fit their specific needs.
- Provides schools and community groups with data needed to apply for grants and receive funding.
- Offers insight into how historical events, such as the COVID-19 pandemic, could impact the health of teens.



How did the YAS get its start?

- Prior to 2005, there wasn't a consistent or reliable way to find out about the needs and strengths of teens within the county.
- Several organizations recognized this gap and worked together to review existing surveys already considered valid and reliable.
- From that review, a survey tool was developed specifically for Ottawa County that could also be responsive to future needs of local teens.



What is in the YAS report?

Questions about:

- Family and community experiences
- Trafficking, relationships, and living arrangements
- Mental health (depression, suicide, mental health access, and stress)
- Bullying, safety, and violence
- Alcohol, tobacco, and drug use, and access to these substances
- Body image, nutrition, and physical activity
- Pornography, sexting, sexual behaviors, and teen perceptions of these behaviors
- Demographic-specific patterns in teen behaviors and experiences
- Age of first-time engagement in risky behaviors

New question in 2025 (see blue stars):

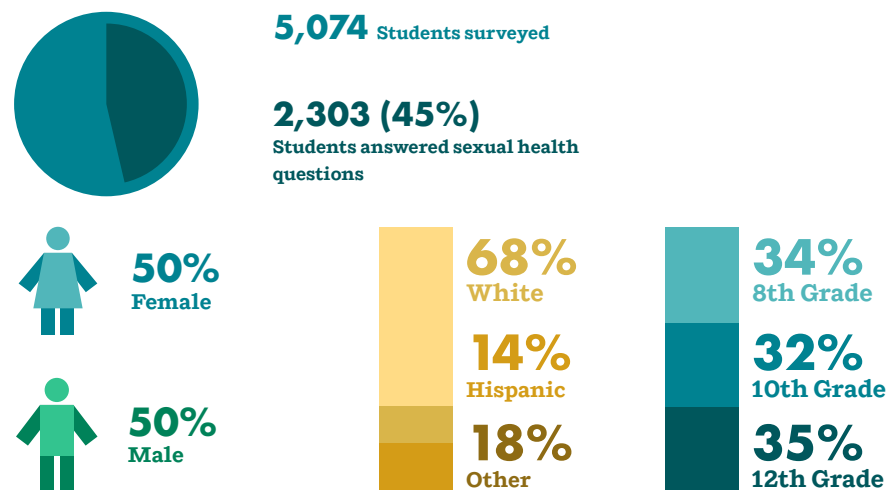
- Frequency of poor mental health days (1 question)

YAS Participants

Actual Representation

The proportion of student respondents may vary from the true proportion of 8th, 10th, and 12th graders for any given school district. To address this, each student's data were assigned a post-stratification weight using accepted statistical procedures to improve how accurately the results represent student responses from participating school districts. This weighting process compares the number of YAS respondents in 8th, 10th and 12th grades per school district to the reported number of students by grade level per school district in the 2025-2026 Fall Student Enrollment Counts Report (mischooldata.org/student-enrollment-counts-report). The tables to the right illustrate how the numbers in the Percent column differ from the Weighted Percent column.

Numbers in graphics reflect weighted percentages



Demographics of Survey Participants

	N	%	Weighted %
Total	5074	100%	100%
Sex			
Female	2522	49.9%	49.9%
Male	2534	50.1%	50.1%
Grade Level			
8th Grade	2078	41%	33.5%
10th Grade	1839	36.2%	32%
12th Grade	1157	22.8%	34.5%
Race/Ethnicity			
White	3470	69.1%	68.2%
Hispanic	648	12.9%	13.7%
Other	907	18%	18.1%

9 school systems participated

Demographics of Survey Participants for Sexual Behavior Questions

	N	%	Weighted %
Total	2303	100%	100%
Sex			
Female	1146	49.8%	50.1%
Male	1147	49.8%	49.9%
Grade Level			
8th Grade	951	41.3%	32.7%
10th Grade	836	36.3%	31.5%
12th Grade	516	22.4%	35.8%
Race/Ethnicity			
White	1798	78.1%	80.4%
Hispanic	114	4.9%	4.8%
Other	364	15.8%	14.8%

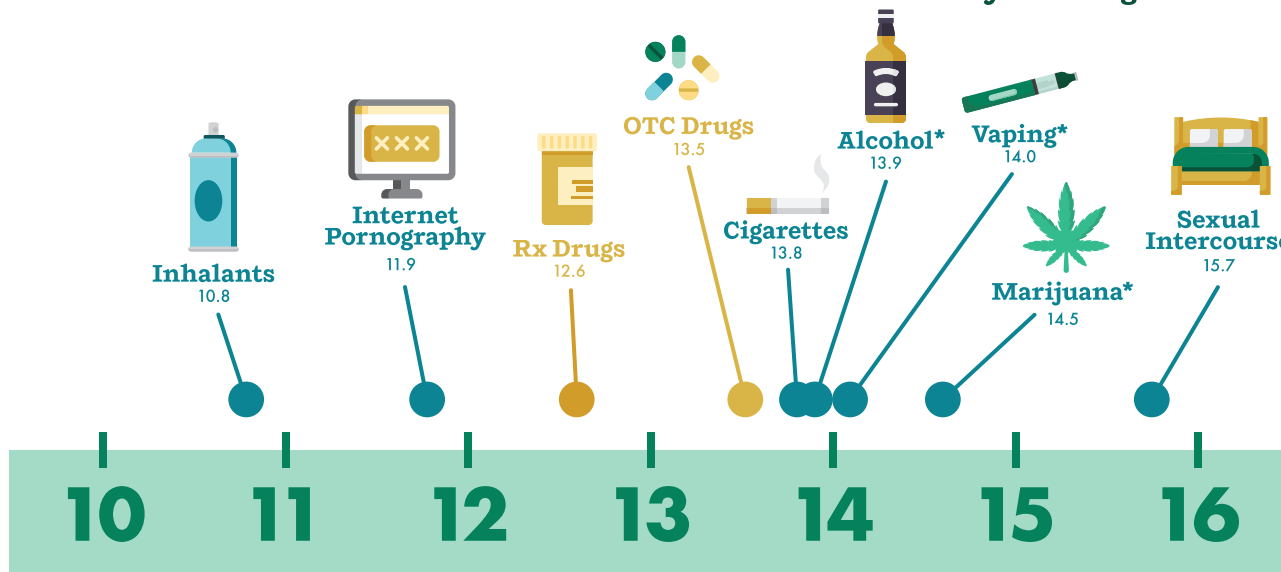
4 school systems participated

YAS Average Age of Onset

Methodology

The responses of 12th-grade students were analyzed using weighted data to estimate the average age when they first tried one of the behaviors listed in the table below. For each of these behaviors, the responses were assigned a value and the mean was calculated to estimate the average age at which students first engaged in each behavior by 12th grade.

Age of first-time experience with: of surveyed 12th graders



Gold indicates that the behavior **got older** since 2023 (**good**).

Blue indicates that the behavior **got younger** since 2023 (**not good**).

*Indicates a statistically significant difference between the average age of onset in 2023 vs 2025.



57%

of 12th graders **NEVER** tried any of the substances asked about on the YAS.



78%

of the behaviors have younger age of onset compared to 2023.

YAS Interpreting the Results

Data Presentation

Survey questions are organized into issue areas and the number of students who responded to each question is shown in the Total N column. The Total N column for any particular question may be smaller than the 5,074 students who completed the survey.

Reasons Total N column may be smaller than 5,074

- Students were told they may leave questions they did not want to answer blank.
- Some questions were not shown to a student because of their answer to a previous question (skip logic).
- Some responses may have been removed during data cleaning if the selected response was inconsistent with other responses provided by a student.


- Not all school districts included the sexual health questions in their survey.

To the right of the Total N column are four different categories of columns where the number and percentage of those who reported the behavior are presented.

Four Categories

1. Total Responses (Starting with 2025 and going back to 2015.)
2. 2025 by Sex
3. 2025 by Grade Level
4. 2025 by Race/Ethnicity

The 2013, 2011, 2009, 2007 and 2005 data were not included due to space constraints, but can be found in earlier reports at ottawacountyyouth.org.

Issue Area		Total N	Categories													
			Total Responses					2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity			
		N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
	I was without a place to stay in the past 12 months	4709	3.2% (140)	3.5% (139)	3.1% (167)	3.8% (234)	4.5% (123)	5.1% (208)	3% (69)	3.4% (71)	2.5% (48)	2.6% (46)	4.5% (46)	2% (65)	3.9% (23)	7.5% (52)
	I was without a place to stay for some other reason	140	44.5% (67)	44% (64)	30.6% (51)	34.5% (81)	38.7% (74)	47.2% (98)	45.6% (35)	43.4% (32)	57% (28)	51.2% (23)	34% (16)	41.8% (31)	53.2% (12)	44% (24)

Data Cells

In each of the data cells (Figure 1), the top number is the weighted percentage of students reporting the behavior and the bottom number is the count of students who answered yes to the corresponding question. The results given for the Sex, Grade Level, and Race/Ethnicity categories show only 2025 data. Each data cell contains the results that correspond to those who reported the question out of the total respondents within each subgroup of the category.

Example in Figure 2

In 2025, 3% of females (69 of all female respondents) versus 3.4% of males (71 of all male respondents) reported they were without a place to stay in the past 12 months.


		Total	Total Responses		
		N	2025	2023	2021
	I was without a place to stay in the past 12 months	4709	3.2% (140)	3.5% (139)	3.1% (167)

Figure 1



				2025 by Sex		2025 by Grade Level		
2021	2019	2017	2015	F	M	8th	10th	12th
3.1% (167)	3.8% (234)	4.5% (123)	5.1% (208)	3% (69)	3.4% (71)	2.5% (48)	2.6% (46)	4.5% (46)

Figure 2



YAS Margin of Error

Overall Percentage

When using the 2025 YAS results, it is important to take the margin of error into account (Figure 1). For example, 71.0% of Ottawa County 8th, 10th, and 12th graders sampled are a healthy weight. Using the margin of error of $\pm 1.4\%$, it can be concluded that the actual percent of Ottawa County 8th, 10th, and 12th graders who are a healthy weight is most likely between 69.6% and 72.4%.

Comparing Group Percentages

The margin of error can also be used when comparing groups. The 2025 YAS reports 6.4% of females and 5.1% of males used an electronic vapor product in the past 30 days. One should not assume the percentage of use is higher for females than males. When considering the $\pm 2.0\%$ sex margin of error, it can be concluded the percentage for females is likely between 4.4% and 8.4% and the percentage for males is likely between 3.1% and 7.1%. Because these ranges overlap one should **not** conclude the percentage is higher for females than males. It is more accurate to conclude the prevalence of using an electronic vapor product in the past 30 days is approximately equal for females and males. When comparing two or more groups, if the range found by

adding and subtracting the margin of error do not overlap, one **may** conclude the percentage is higher for one group than the other.

95% Confidence Level

This is the level which states that a result is expected to fall within the margin of error 19 times out of 20 if the survey is repeated using the same procedures. These margins of error were found using the conservative formula $\frac{1}{\sqrt{n}}$ where n is the number of respondents. Because a different number of students responded to the sexual behavior questions, separate margins of error were calculated to use when interpreting those responses.

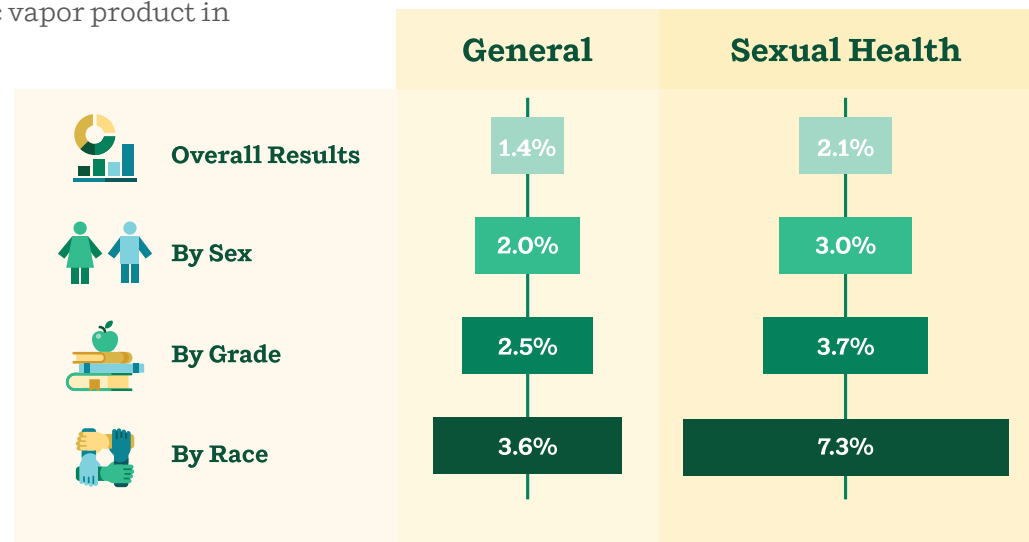


Figure 1

YAS Results Tables








Linear Trend Analysis

In the Results Tables, some question descriptions are highlighted with a symbol; either a star, green upward arrow, green downward arrow, yellow upward arrow, yellow downward arrow, gray upward arrow, or a gray downward arrow. To determine the symbol selection, linear trend analyses were done using logistic regression and were controlled for sex, grade in school, and race/ethnicity. If the p-value for the linear time variable is less than the significance level (0.05), then there is evidence of a linear change. If the estimated coefficient for the time variable is positive, then there is evidence of a linear increase.

Similarly, if the coefficient is negative, then there is evidence of a linear decrease. If there was not a significant trend detected, an arrow was not added. This was done in accordance with the CDC's guidelines for conducting linear trend analysis. Trend analysis was conducted for questions that have been asked for three or more cycles. For the 2025 cycle, trend analysis was conducted over the last decade (2015-2025) to more accurately reflect current trends, using all available data within this timeframe.

Results Table Symbols

Statistically Significant Linear Trends

-  **New to YAS in 2025**
-  **Increasing & Moving in the Right Direction**
-  **Decreasing & Moving in the Right Direction**
-  **Increasing & Moving in the Wrong Direction**
-  **Decreasing & Moving in the Wrong Direction**
-  **Increasing - Neutral**
-  **Decreasing - Neutral**

If there is no statistically significant linear trend, a symbol will not be present in the table.

“The results of the YAS have continued to be extremely valuable to Holland Hospital as we evaluate the healthcare needs of our community and actionable plans to meeting those needs. When we consider the various and evolving needs, we know knowledge about behaviors and trends over time helps inform our physicians, providers and healthcare leaders of the most appropriate treatments, interventions and supports to promote good health for kids and families.”

Mikaela Andrea, Assistant Vice President, Corporate Partnerships
Holland Hospital



RESULTS













YAS Community Involvement

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
<i>In the past year, has participated in:</i>															
↘ A volunteer opportunity	4754	55.1% (2603)	51.3% (2172)	48.9% (2584)	58.8% (3816)	59.2% (2509)	62.7% (2930)	59.5% (1406)	50.5% (1185)	49.7% (943)	53.5% (954)	61.8% (706)	58.7% (1923)	44% (249)	49.4% (411)
↘ A school or community club	4745	43.9% (2044)	41.7% (1801)	35% (1883)	39.1% (2523)	45.7% (1972)	45.2% (2132)	50% (1167)	37.4% (865)	36.3% (691)	45.4% (801)	49.5% (552)	47% (1522)	33.4% (188)	39.3% (321)
A team sport	4724	58.7% (2887)	59.2% (2581)	53.9% (2827)	57.4% (3778)	58.9% (2577)	61.3% (3016)	54.7% (1374)	62.8% (1505)	66.8% (1262)	61.6% (1091)	48.2% (534)	62% (2114)	44.6% (278)	56% (473)
A non-team sport	4737	34.7% (1675)	34.4% (1457)	32.6% (1702)	34.2% (2239)	37.5% (1637)	34.8% (1719)	31.4% (781)	38% (891)	36.6% (692)	35.3% (630)	32.3% (353)	36.7% (1235)	23.8% (132)	34.8% (294)
↘ Art/music/theater/dance	4736	41.9% (2045)	40.6% (1879)	38.9% (2056)	43.2% (2852)	43.4% (1935)	47.9% (2337)	51.2% (1259)	32.4% (776)	48.3% (902)	42.1% (743)	35.7% (400)	41.9% (1431)	36% (211)	45.9% (385)
↗ A part-time job	4724	44% (1842)	46.9% (1786)	45.2% (2345)	44.4% (2699)	41.4% (1684)	39.4% (1706)	43.4% (887)	44.6% (951)	19% (358)	38.8% (697)	72.2% (787)	47.5% (1384)	34.1% (174)	38.6% (279)
↘ Faith-based group or activity	4733	44% (2149)	38.3% (1656)	36.4% (1866)	46.8% (3088)	46.4% (1974)	n/a	45.1% (1110)	43% (1034)	49.1% (921)	47.6% (833)	35.7% (395)	48.8% (1650)	27.8% (164)	36.6% (316)
↘ A leadership activity	4750	21.1% (960)	19.3% (799)	17.9% (942)	19.7% (1267)	23.3% (1015)	22% (1046)	24.2% (571)	18.1% (388)	16.9% (322)	18% (313)	28.1% (325)	22.7% (715)	13.2% (75)	21.3% (167)
I did not participate in any of these community activities in the past 12 months	4605	6.2% (276)	6.7% (291)	8.1% (476)	6.1% (377)	6.3% (245)	n/a	5.6% (123)	6.9% (152)	6.2% (111)	7.3% (112)	5.3% (53)	4.3% (139)	14.4% (77)	7.7% (59)


“The Youth Assessment Survey provides YAC with insight that allows us to lead with knowledge and empathy throughout all of the grant-making we do for our partners, therefore benefiting youth in our community by effectively addressing their needs.”

GHACF Youth Advisory Council Chair

YAS Relationships

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity			
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other	
 I have dated or gone out with someone in the past 12 months	4770	50.5% (2283)	49.4% (2052)	44.5% (2383)	52.1% (3257)	51.7% (2200)	n/a	53.6% (1216)	47.4% (1059)	34.8% (655)	52% (914)	63.6% (714)	50.6% (1574)	54.6% (318)	48.4% (382)	
Has anyone you have dated or gone out with done any of the following during the relationship (among those that have dated or gone out with somebody in the past 12 months):																
 Hit, slap, or physically hurt me on purpose	2273	5.8% (133)	4.9% (94)	6.1% (143)	6.7% (205)	7% (141)	n/a	3.9% (51)	8% (82)	5.3% (33)	5.5% (53)	6.3% (47)	5.3% (82)	5.9% (21)	8.1% (30)	
Threatened me	2253	6.3% (137)	5.9% (117)	7% (166)	6.3% (198)	6.7% (139)	n/a	5.6% (69)	7% (68)	5.1% (31)	6.3% (56)	6.8% (50)	5.6% (86)	6.5% (19)	8.8% (32)	
 Called me degrading names	2264	11.8% (262)	11.7% (235)	13.8% (324)	14.8% (452)	16% (326)	n/a	13.9% (167)	9.5% (95)	10.5% (66)	12.6% (113)	11.8% (83)	11.4% (177)	8.9% (29)	15.9% (56)	
 Isolated me from my family or friends	2258	7.5% (168)	7.3% (153)	9.3% (207)	11% (334)	11% (228)	n/a	9% (109)	5.9% (59)	4.7% (30)	8.7% (78)	8% (60)	6.5% (102)	8.3% (25)	11% (41)	
 Tried to control when I saw my friends	2258	11.5% (252)	10.3% (210)	12.3% (289)	13.1% (413)	13.3% (279)	n/a	12.8% (148)	10.1% (104)	8.4% (54)	11.2% (104)	13.2% (94)	10.9% (164)	10.2% (33)	15.4% (55)	
During the past 12 months, I saw someone who was dating or going out with someone pushing, yelling, or hitting them	4764	12.1% (570)	12.7% (502)	10.9% (588)	12.9% (812)	11.5% (488)	n/a	12.2% (298)	12.2% (272)	10.6% (196)	13.4% (236)	12.3% (138)	11% (354)	12.9% (82)	16.6% (133)	
Among those who saw someone being pushed, yelled at, or hit by a person they were dating or going out with during the past 12 months:																
 I did not do anything	568	49.2% (280)	55.8% (269)	43% (257)	45.1% (368)	45.7% (211)	n/a	44.5% (136)	54.1% (144)	53.8% (104)	46% (110)	48.9% (66)	48.4% (173)	51.8% (41)	50.2% (66)	
 I spoke up and asked them to stop	565	34.2% (185)	34.5% (167)	42.7% (236)	39.7% (314)	40.5% (197)	n/a	37.6% (104)	30.7% (81)	31.1% (60)	32.4% (75)	38.5% (50)	32.8% (108)	34.7% (30)	37.7% (47)	
 I asked if everything was ok	564	58.9% (336)	59.4% (284)	68.1% (389)	62.1% (497)	65.9% (321)	n/a	71.3% (209)	46.5% (127)	59.7% (115)	63.2% (143)	54% (78)	56.9% (199)	61.8% (51)	63% (86)	
I went to find help	563	21.3% (117)	23.3% (94)	21.2% (131)	20.7% (167)	19.8% (90)	n/a	24% (71)	18.5% (46)	23.3% (45)	19.7% (44)	21.2% (28)	19.4% (65)	21.9% (19)	24.9% (32)	
 I did something else	566	40.6% (221)	38% (187)	41.8% (233)	45.5% (351)	n/a	n/a	36.2% (104)	45.1% (117)	35.1% (68)	40.1% (91)	45.6% (62)	39% (134)	36.4% (27)	46.8% (59)	
 I would want someone to find help if someone I was dating or going out with was pushing, yelling, or hitting me	4740	80.3% (3830)	79.7% (3425)	80.2% (4284)	80.4% (5199)	77.5% (3321)	n/a	89.1% (2116)	71.4% (1701)	83% (1553)	79.6% (1413)	78.4% (864)	82.5% (2718)	76% (455)	74.7% (627)	










YAS Living Arrangements


	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I was without a place to stay in the past 12 months	4709	3.2% (140)	3.5% (139)	3.1% (167)	3.8% (234)	4.5% (123)	5.1% (208)	3% (69)	3.4% (71)	2.5% (48)	2.6% (46)	4.5% (46)	2% (65)	3.9% (23)	7.5% (52)
Among those who were without a place to stay in the past 12 months:															
I ran away or was kicked out of my home	140	42.8% (57)	43% (57)	54.1% (90)	51.5% (120)	42.4% (78)	40.1% (81)	32.8% (23)	51.7% (34)	25.7% (12)	45.3% (21)	50.4% (24)	47.4% (28)	21.5% (6)	45.8% (23)
My family was without a place to stay	140	12.8% (16)	13% (18)	15.4% (26)	14% (33)	18.9% (32)	12.7% (29)	21.6% (11)	4.9% (5)	n/a*	n/a*	n/a*	10.8% (6)	25.4% (5)	10.2% (5)
I was without a place to stay for some other reason	140	44.5% (67)	44% (64)	30.6% (51)	34.5% (81)	38.7% (74)	47.2% (98)	45.6% (35)	43.4% (32)	57% (28)	51.2% (23)	34% (16)	41.8% (31)	53.2% (12)	44% (24)

“The Youth Assessment Survey (YAS) provides the CFHZ Youth Advisory Committee with the foundation to identify challenges facing youth in our community. Through the YAS, we make informed decisions about grant making, volunteering, and service projects, intentionally addressing the needs and gaps reflected in the data. The YAS continuously informs our work and helps us make a tangible impact in our community.”

Youth Advisory Council Chair Community Foundation of Holland/Zeeland

YAS Family Experience

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 People in my family often insult or yell at each other	4757	22% (1028)	25.7% (1120)	23.1% (1287)	27.7% (1749)	30.1% (1271)	28.7% (1321)	26.7% (630)	17.2% (394)	20.3% (383)	22.5% (398)	23.3% (247)	20.3% (641)	24.6% (149)	28.1% (237)
 We argue about the same things in my family over and over again	4749	32% (1465)	36.9% (1569)	37% (2002)	38.4% (2407)	39.9% (1702)	39.1% (1756)	39.3% (906)	24.4% (551)	25.9% (486)	32.7% (582)	37.2% (397)	31.2% (981)	31.9% (186)	36.1% (291)
 People in my family have serious arguments	4746	20.4% (962)	23.1% (991)	23.1% (1281)	26.4% (1654)	25.8% (1110)	24.7% (1151)	23.8% (570)	16.8% (386)	18.8% (354)	20.3% (371)	22.1% (237)	18.7% (598)	20.7% (132)	27.7% (229)
My parent/guardian ask if I have gotten my homework done	4751	80.5% (3923)	83% (3652)	83.7% (4500)	83.6% (5440)	81.5% (3566)	82.7% (4060)	79.3% (1944)	81.8% (1967)	89.6% (1703)	81.9% (1452)	70.4% (768)	81% (2746)	78.6% (467)	80% (674)
My parent/guardian want me to call or text if I am going to be late getting home	4745	89% (4232)	87.3% (3810)	87% (4656)	87.2% (5627)	88% (3800)	88.5% (4264)	92.1% (2190)	85.8% (2028)	88.4% (1677)	90.6% (1595)	88.1% (960)	90% (2971)	86.7% (509)	87% (717)
 When I am not at home, my parent/guardian knows where I am and who I am with	4750	92.4% (4411)	89.9% (3970)	90.5% (4849)	90% (5830)	89.4% (3889)	90.4% (4375)	94.4% (2251)	90.5% (2146)	94.9% (1802)	93.5% (1638)	89% (971)	93.6% (3102)	89.3% (521)	89.7% (747)
The rules in my family are clear	4741	88.8% (4239)	87.6% (3847)	88.5% (4733)	89.1% (5744)	87.5% (3793)	88.3% (4275)	88.9% (2109)	89% (2118)	91.6% (1738)	89.3% (1565)	85.8% (936)	89.6% (2976)	86.6% (502)	87.2% (725)
 My family has clear rules about alcohol and drug use	4748	90% (4316)	88.5% (3887)	89.3% (4788)	88.6% (5739)	87.3% (3779)	87.6% (4231)	90.4% (2161)	89.9% (2141)	94.3% (1790)	90.4% (1582)	85.7% (944)	90.8% (3017)	88.2% (520)	88.2% (738)
 My parent/guardian would know if I did not come home on time	4745	90.3% (4340)	88.9% (3900)	89.6% (4802)	88.1% (5695)	86.1% (3738)	86.8% (4193)	91.3% (2188)	89.5% (2137)	93.9% (1782)	91.3% (1613)	86.1% (945)	91.3% (3036)	87.8% (519)	88.6% (745)
 My parent/guardian give me lots of chances to do fun things with them	4749	84.7% (4073)	82.5% (3617)	81% (4334)	79.5% (5163)	76.4% (3321)	77.8% (3798)	83.7% (2008)	85.8% (2053)	89% (1693)	85.1% (1505)	80.1% (875)	86.2% (2874)	80.2% (474)	81.6% (685)
 My parent/guardian ask me what I think before most family decisions affecting me are made	4733	70% (3353)	68% (2954)	65.6% (3459)	65.6% (4245)	66.1% (2858)	65.3% (3204)	67.8% (1622)	72.4% (1722)	74.3% (1405)	69.4% (1216)	66.4% (732)	72.4% (2414)	64.4% (370)	63.9% (533)
 If I had a personal problem, I could ask my parent/guardian for help	4745	83.9% (4027)	82.2% (3611)	79.8% (4254)	79.9% (5175)	79.6% (3441)	78.6% (3813)	81.5% (1950)	86.7% (2068)	87% (1654)	83.2% (1471)	81.6% (902)	87.1% (2903)	75.9% (442)	76.8% (642)



“A comprehensive youth assessment survey is a critical foundation for effective programming. It ensures our investments are targeted, responsive, and aligned with the real factors influencing youth health, leading to better outcomes and long-term community impact.”

**Amber Kraai TerHaar, Manager
Healthier Communities
Corewell Health West - Pennock Hospital and Zeeland Hospital**

YAS Social Media Use

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
I do not use social media	4745	12.9% (672)	12.3% (565)	n/a	n/a	n/a	n/a	10.6% (285)	15.1% (383)	23% (432)	10.7% (183)	5.4% (57)	14.2% (516)	6.4% (35)	11.9% (109)
I use social media monthly	4745	2.3% (107)	2.2% (112)	n/a	n/a	n/a	n/a	1.7% (42)	2.9% (65)	2.5% (49)	2.3% (37)	2% (21)	2.2% (70)	2.1% (12)	2.6% (22)
I use social media weekly	4745	6.4% (297)	6.7% (286)	n/a	n/a	n/a	n/a	5.9% (141)	7% (155)	7.8% (147)	5.6% (93)	6% (57)	6% (197)	6.6% (33)	8.3% (65)
I use social media daily	4745	50.1% (2334)	48.4% (2092)	n/a	n/a	n/a	n/a	53.4% (1225)	46.7% (1103)	43.1% (817)	51.5% (908)	55.3% (609)	51.7% (1666)	47.1% (264)	45.2% (379)
I use social media hourly	4745	28.3% (1335)	30.4% (1289)	n/a	n/a	n/a	n/a	28.4% (678)	28.3% (652)	23.7% (444)	29.9% (540)	31.3% (351)	26% (850)	37.8% (227)	32% (256)

“Trinity Health Grand Haven is grateful for the opportunity to support the Ottawa County Youth Assessment Survey (YAS) to ensure that teens have the resources they need to make healthy choices optimizing their ability to thrive.”

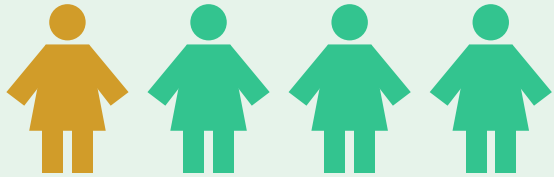
Michelle Gravlin, Director of Community Health & Wellbeing
Trinity Health Lakeshore

A group of teenagers is shown in a blurred background, all looking down at their smartphones. The scene is set indoors, possibly in a school hallway or common area, with a brick wall visible on the left. A large green rectangular overlay is positioned in the center of the image, containing white text.

28%

**of teens use social
media every hour.**

YAS Bullying










1 in 4 females have been bullied or harassed in the past 12 months.

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
I have been bullied or harassed in the past 12 months	4745	22% (1084)	23.5% (1047)	23.3% (1230)	26.1% (1689)	22.3% (985)	21.2% (1101)	25% (616)	19% (465)	27.6% (517)	20.8% (373)	17.8% (194)	21.7% (738)	15.9% (95)	27.3% (242)
Been bullied or harassed during the past 12 months:															
On school property	4737	17.6% (884)	18.3% (835)	17.1% (905)	20.2% (1312)	17.8% (799)	16.7% (871)	20.2% (501)	15.2% (381)	23.5% (440)	17% (303)	12.7% (141)	17.7% (611)	11.4% (71)	21.8% (194)
↙ On the way to or from school	4730	3.6% (175)	5.1% (217)	4.5% (241)	5.3% (340)	5.7% (255)	4.9% (274)	3.9% (99)	3.3% (76)	4.5% (85)	3.3% (58)	2.9% (32)	3.2% (106)	2.4% (17)	5.4% (48)
Electronically through texting, Instagram, Facebook, Snapchat, or other social media	4731	10.5% (504)	11.9% (510)	13.7% (722)	14.3% (900)	11.9% (518)	10.3% (523)	12.7% (316)	8.3% (186)	11.2% (206)	10.5% (192)	9.8% (106)	9.8% (322)	9.5% (62)	14% (118)
Somewhere else	4726	9% (419)	10.5% (441)	11.5% (604)	12.7% (812)	11.2% (501)	9.3% (466)	10.9% (252)	7.2% (167)	9.9% (184)	8.1% (139)	8.9% (96)	8.8% (281)	6.9% (41)	11.3% (95)


YAS Sexual Behavior

(Among Participating Schools)

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I strongly agree or agree that there are consequences (physical, emotional, or other) when someone my age has sexual intercourse	2149	77.2% (1682)	70.6% (1262)	68.8% (2285)	69% (2840)	71.6% (2073)	78.9% (2436)	80.4% (870)	74.1% (807)	87% (750)	76.7% (605)	69% (327)	77% (1316)	76.2% (82)	78% (265)
I strongly agree or agree that there are consequences (physical, emotional, or other) when someone my age has oral sex	2138	70.2% (1538)	61.6% (1109)	59.1% (1955)	58.2% (2382)	62% (1775)	69.3% (2147)	71.6% (786)	68.9% (748)	85.6% (737)	67.9% (533)	58.5% (268)	69.7% (1196)	74.8% (80)	70.7% (244)
 Parents or other adults in my family have talked with me about what they expect when it comes to sex	2145	65% (1371)	64.3% (1137)	57.4% (1863)	60.2% (2433)	62.9% (1779)	68.9% (2093)	66.3% (702)	63.5% (663)	62.3% (530)	65.5% (519)	66.9% (322)	67% (1105)	56.7% (61)	56.6% (190)
 My parent/guardian feel it would not be wrong or only a little bit wrong for me to have sexual intercourse	2148	23% (441)	29.2% (482)	28.2% (918)	28.5% (1074)	23.5% (650)	18.9% (561)	21.2% (201)	24.9% (238)	8% (67)	21.6% (184)	37.5% (190)	23.5% (348)	16.3% (17)	24.3% (76)
 I have had sexual intercourse	2131	11.2% (199)	12.6% (196)	15.8% (492)	21% (757)	20.9% (564)	17% (464)	11.3% (100)	11.3% (99)	0.9% (8)	8.1% (73)	23.4% (118)	11.2% (154)	12% (11)	12.1% (34)
 I had sexual intercourse before age 14 (among all students)	2131	1.8% (35)	1.8% (32)	2.6% (96)	2.9% (105)	2.7% (79)	2.7% (73)	1.2% (15)	2.4% (20)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 I have had sexual intercourse with four or more people during my lifetime	2131	2.6% (40)	2.6% (43)	3.4% (106)	4.8% (171)	3.1% (86)	4.1% (106)	2.2% (16)	3% (24)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
I did not use a condom during the last time I had sexual intercourse with an opposite sex partner (among those who have ever had sexual intercourse)	187	39.3% (76)	41.5% (78)	43.6% (203)	38.1% (287)	40.2% (213)	38% (173)	36.7% (36)	42.1% (40)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
I have been tested for a sexually transmitted infection in the past 12 months (among those who have ever had sexual intercourse)	231	20.4% (45)	19.8% (50)	18.3% (103)	25.6% (218)	22.4% (124)	20.5% (112)	25.8% (27)	15.1% (18)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 I have had sexual intercourse with one or more people in the past three months	2131	8.5% (146)	9.3% (143)	10.6% (325)	16% (566)	15.1% (416)	12.5% (339)	9.3% (78)	7.9% (68)	n/a*	n/a*	n/a*	8.9% (120)	8.1% (7)	7.3% (19)

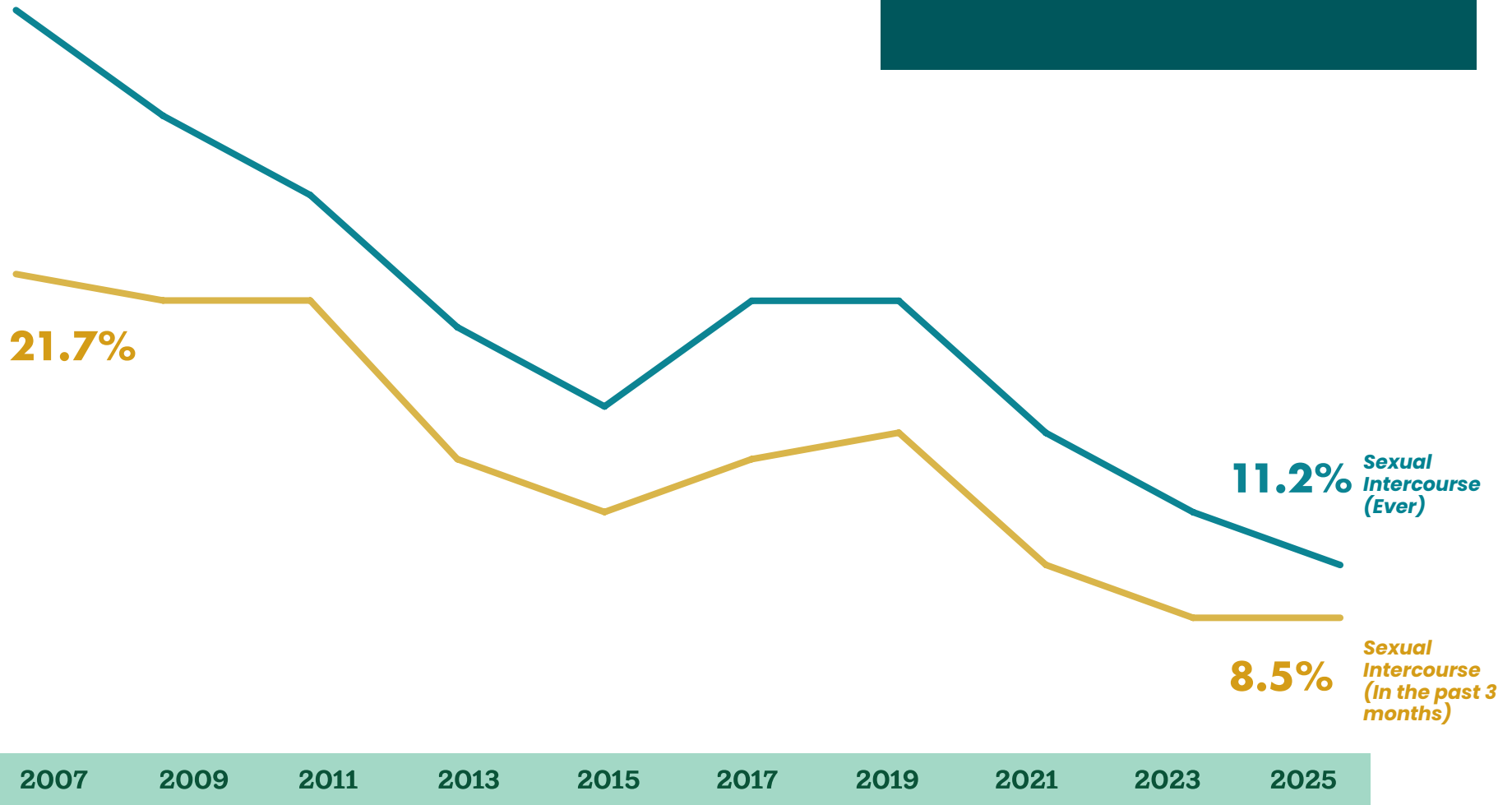
YAS Sexual Behavior

(Among Participating Schools)

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
Among those who reported having sexual intercourse in the past three months:															
I drank alcohol or used drugs before the last time I had sexual intercourse	145	21.4% (29)	20.3% (31)	18.6% (61)	23.2% (131)	17.6% (75)	20.5% (70)	13.3% (10)	31.3% (19)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
I did not use a condom during last sexual intercourse with an opposite sex partner	141	39.9% (59)	44.1% (59)	44.5% (141)	40.6% (230)	42.9% (166)	40.7% (139)	36.5% (29)	44.3% (30)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
I used birth control pills to prevent pregnancy during the last time I had sexual intercourse with an opposite sex partner	140	25% (38)	27.5% (36)	30.1% (93)	27.8% (158)	25.3% (106)	31.6% (103)	36.4% (29)	10.9% (9)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 No method used to prevent pregnancy during last sexual intercourse with an opposite sex partner	140	10.6% (14)	7.9% (12)	12.7% (41)	7.1% (45)	8% (32)	8.1% (29)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*

Sexual activity among teens has reached **the lowest point since 2007.**

31.8%








11.2% *Sexual Intercourse (Ever)*

8.5% *Sexual Intercourse (In the past 3 months)*

2007 2009 2011 2013 2015 2017 2019 2021 2023 2025

YAS Sexting

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I have engaged in a sexting activity in the past 12 months	4731	11.9% (496)	15.5% (593)	18.7% (973)	24.1% (1423)	21.1% (862)	19.3% (817)	12.6% (265)	11.2% (229)	5.2% (97)	11% (198)	19% (201)	11.8% (330)	10.8% (62)	13.8% (104)
 I sent a sexually suggestive message by text, email, instant message, social network, etc. during the past 12 months	4754	9.7% (401)	11.4% (429)	15.2% (783)	19.6% (1145)	16.8% (680)	16% (672)	10% (209)	9.5% (191)	3.7% (69)	8.7% (157)	16.3% (175)	10.1% (278)	7.9% (48)	10.2% (75)
 I shared a sexually suggestive message that was sent by someone else	4745	4.6% (210)	7.3% (279)	7.5% (400)	9% (550)	6.8% (286)	6.8% (284)	5.1% (118)	4% (90)	2.4% (46)	5.2% (97)	6.2% (67)	4.3% (131)	4.3% (27)	6.4% (52)
 I sent or posted a naked or semi-naked photo or video of myself by text, email, social profile, website, blog, etc. during the past 12 months	4742	5.4% (211)	6% (227)	9.3% (478)	12.4% (720)	10.4% (430)	8% (352)	5.6% (111)	5.2% (100)	1.8% (33)	3.7% (67)	10.3% (111)	5.4% (145)	4.2% (23)	6.6% (43)
 I shared a naked or semi-naked photo or video that was sent by someone else	4753	2.4% (108)	4.3% (167)	4.1% (224)	6.6% (398)	4.3% (179)	4% (161)	2% (46)	2.8% (61)	1.2% (22)	2.5% (48)	3.4% (38)	2.1% (65)	2% (13)	4% (30)





“For years, the Ottawa County Youth Assessment has given our community an honest, data-driven picture of how our young people are really doing. The Community Foundation uses these insights to guide our grantmaking and invest where youth need support the most. It is an invaluable tool we have been proud to support for many years.”

Patrick Cisler, President/CEO
Community Foundation of Holland/Zeeland








YAS Pornography

(Among Participating Schools)

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I think students in my grade have saw or accessed internet pornography in the past 30 days	2159	83.6% (1753)	87.6% (1531)	86.6% (2925)	90% (3673)	n/a	n/a	83.7% (870)	83.6% (876)	68.4% (586)	89.1% (723)	91.9% (444)	85.3% (1390)	82.7% (91)	74.4% (252)
 I have seen or accessed internet pornography	2151	41.5% (833)	45.3% (777)	53.3% (1787)	55.3% (2216)	n/a	n/a	32.6% (335)	50.8% (496)	23.9% (201)	42.2% (357)	56.5% (275)	40% (621)	55.9% (58)	45.2% (147)
 I have seen or accessed internet pornography before I turned 13 (all participants)	2151	25% (520)	26.7% (460)	31.7% (1102)	29.9% (1197)	n/a	n/a	21.9% (231)	28.3% (288)	17.5% (147)	26% (221)	30.7% (152)	23% (371)	36.4% (42)	32.6% (103)
 I have seen or accessed internet pornography in the past 30 days	2149	19.6% (383)	22.2% (378)	28.7% (983)	33.9% (1357)	n/a	n/a	10.9% (107)	28.5% (274)	9.3% (78)	19% (160)	29.4% (145)	18.8% (283)	21.5% (23)	23.7% (74)

Boys are 2.5x more likely to access internet pornography in the past 30 days than girls.

YAS Violence-Related Behaviors

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I have had sexual intercourse when I really did not want to in the last 12 months	4709	2.4% (97)	2.8% (108)	3.7% (197)	4.2% (255)	4% (164)	3.8% (159)	2.7% (57)	2% (40)	0.9% (15)	1.7% (32)	4.4% (50)	2.5% (68)	2.7% (13)	1.9% (16)
Among those that had sexual intercourse when you really did not want to:															
I was physically forced	95	32.4% (34)	33.4% (36)	34.1% (65)	25.5% (68)	27% (43)	33.1% (42)	28.4% (20)	37.8% (14)	62.1% (9)	40.9% (13)	23.9% (12)	n/a*	n/a*	n/a*
I was threatened	94	27.7% (28)	23.4% (27)	20% (42)	20.6% (54)	17.9% (28)	18.4% (27)	21.4% (15)	36% (13)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 I was made to feel guilty	94	70.8% (67)	64% (68)	66% (132)	66.7% (172)	56.5% (91)	56.3% (84)	76.3% (43)	63.5% (24)	44.6% (6)	92.3% (28)	67.6% (33)	77% (50)	49.7% (7)	61.2% (10)
I was under the influence of alcohol or drugs	93	38.7% (31)	32.1% (34)	33.2% (66)	35.8% (88)	33.3% (53)	45% (69)	27% (14)	55.1% (17)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 I felt like I had to in order to fit in with my friends	94	34% (32)	28.7% (30)	22.7% (45)	20.7% (54)	16% (26)	19.9% (34)	22.8% (13)	49% (19)	41.7% (6)	31.1% (10)	33.7% (16)	33.2% (22)	33.1% (5)	39.5% (5)
 I felt uncomfortable saying no	94	69.1% (66)	59.7% (65)	63.3% (123)	60.6% (156)	47.5% (74)	50.9% (78)	73.5% (41)	62.9% (25)	75.4% (11)	69.5% (22)	67.8% (33)	72.3% (48)	35.8% (5)	81.6% (13)
I did it because some other reason	92	52.7% (46)	64% (66)	28.7% (57)	23.2% (57)	48.8% (78)	50.2% (81)	52.2% (27)	53.4% (19)	54.9% (8)	31.4% (10)	58.9% (28)	51.9% (32)	56.8% (6)	52.9% (8)
 I have been physically harmed on purpose in my home in the past 12 months	4741	2.6% (130)	2.8% (130)	3.4% (191)	4.5% (290)	4.7% (215)	4.9% (258)	2.7% (70)	2.5% (59)	3.1% (59)	2.5% (46)	2.3% (25)	1.8% (62)	3.9% (26)	5% (42)
If physically harmed on purpose in your home:															
I was harmed by a parent/guardian	127	45.1% (59)	38.4% (52)	52.5% (99)	49.3% (143)	40.4% (84)	35.6% (75)	55.7% (40)	34.5% (19)	46.8% (27)	38.5% (18)	49.7% (14)	41.5% (26)	54.4% (14)	44.8% (19)
I was harmed by another adult	127	21.3% (22)	24.5% (29)	20.5% (38)	15.8% (44)	20.7% (40)	19.6% (46)	12.3% (7)	31.1% (15)	n/a*	n/a*	n/a*	26% (10)	18% (5)	16.6% (7)
I was harmed by someone else in the home	129	52.6% (68)	57.4% (71)	47.5% (90)	53.1% (155)	58.5% (131)	48.8% (127)	51.8% (35)	54% (33)	51.7% (30)	48.7% (24)	57.3% (14)	51.6% (31)	43.8% (12)	58.9% (25)

YAS Trafficking

Over 680 teens may have been trafficked for sex or work.




(estimated among the population of 13-18-year-olds in Ottawa County)

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
I have been given money, a place to stay, food, or something of value in exchange for sex	4727	1.6% (68)	1.3% (58)	1.9% (93)	1.7% (108)	1% (38)	n/a	1% (25)	2.2% (43)	1.1% (19)	1% (19)	2.6% (30)	1.6% (42)	0.7% (5)	2.4% (21)
I have been forced to work or do something illegal by someone who got money or something of value for what I did	4721	2.2% (100)	2.4% (103)	2.6% (144)	3.1% (182)	1.5% (62)	n/a	1.4% (34)	3.1% (66)	1.7% (32)	1.7% (32)	3.3% (36)	1.9% (55)	1.5% (10)	4.1% (34)

“The Ottawa County Youth Assessment Survey is a vital tool for understanding the challenges and opportunities facing young people in our community. The Grand Haven Area Community Foundation regularly uses this data to guide priorities that reflect the real needs of our youth. As a longstanding supporter of this assessment, we are grateful to the many collaborative partners that have helped ensure this valuable information has been available for more than 20 years.”

Hadley Streng, President
Grand Haven Community Foundation

YAS Gambling






	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I have made a bet or gambled in the past 30 days	4735	13.6% (642)	12.5% (538)	11.2% (587)	11.5% (728)	n/a	n/a	6% (155)	21.1% (484)	12.1% (233)	13.6% (246)	14.9% (163)	12.5% (408)	16.3% (94)	15.7% (136)
<i>In the past 30 days:</i>															
 I have bet on sporting events	4735	4.3% (213)	5.1% (234)	5.2% (267)	5.3% (340)	n/a	n/a	1.8% (48)	6.8% (164)	5.2% (99)	4.3% (75)	3.4% (39)	3.7% (130)	6.3% (36)	5% (45)
 I have bet on card games	4735	4.2% (204)	3.1% (140)	2.7% (151)	2.8% (185)	n/a	n/a	2.3% (57)	6.1% (145)	3.3% (64)	4.2% (84)	5.1% (56)	4.5% (146)	3.5% (23)	3.5% (34)
I have gambled on the Internet	4735	1.3% (56)	0.8% (37)	1.1% (62)	0.8% (47)	n/a	n/a	0.7% (17)	1.8% (39)	1.1% (22)	1.3% (22)	1.3% (12)	0.9% (29)	2.4% (10)	1.9% (17)

21% of boys have made a bet or gambled in the past 30 days.

“This data helps SLIC because it demonstrates how our community continues to be impacted by substance use and its implications for the overall wellbeing our peers mental health. This reinforces our mission to continue to lead prevention efforts at a student and local level.”

Youth Member Student Leaders Initiating Change (SLIC)

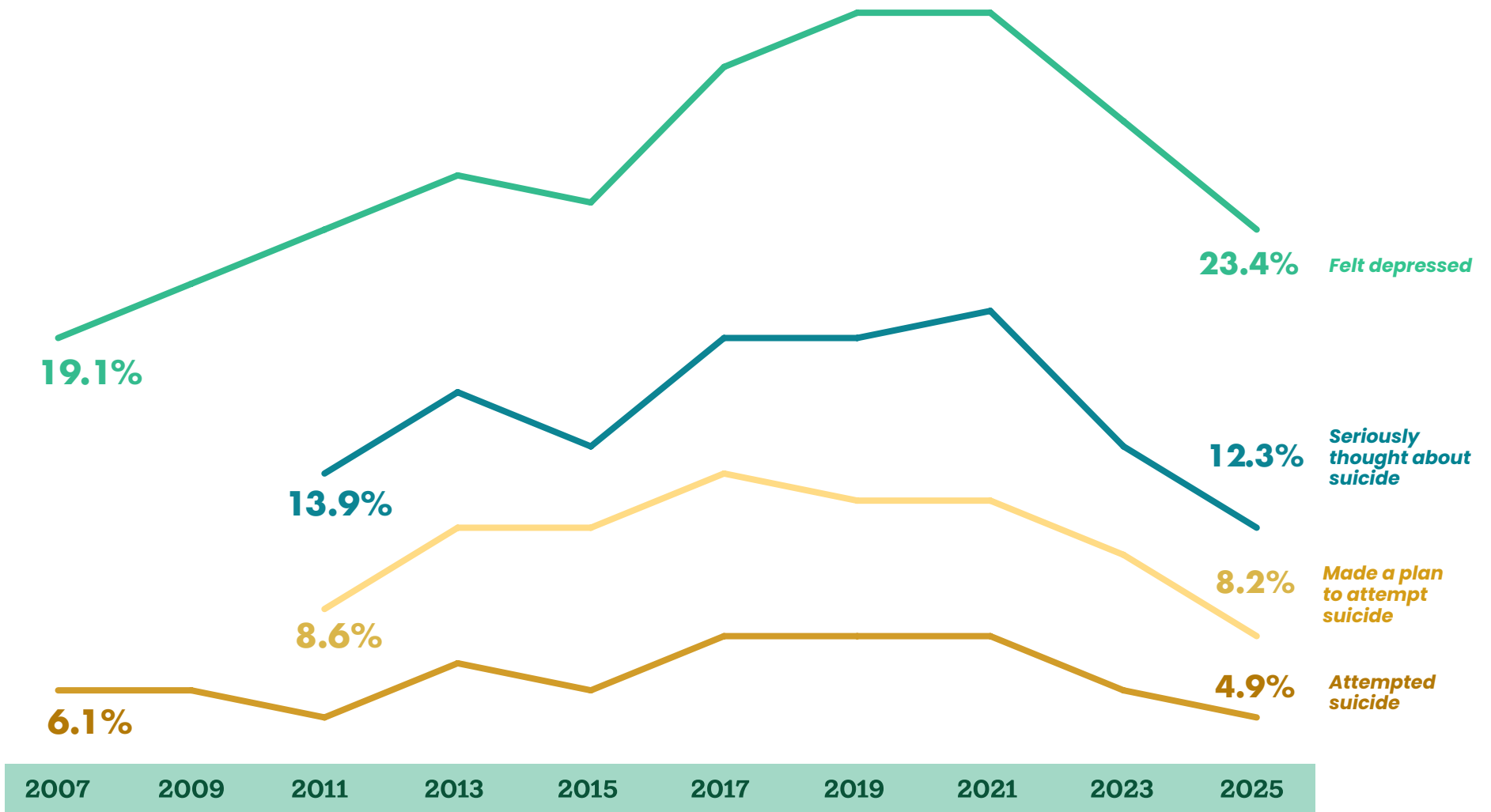
YAS Mental Health

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
In the past 12 months:															
 I stopped doing some usual activities because I felt so sad or hopeless almost every day for two weeks or more in a row	4743	23.4% (1085)	26.7% (1140)	31.4% (1729)	31% (1914)	28.9% (1220)	24% (1207)	31.4% (737)	15.2% (344)	22.2% (412)	22.6% (400)	25.2% (273)	21.6% (681)	25.7% (154)	29.2% (247)
 I have seriously thought about attempting suicide	4724	12.3% (589)	14.9% (637)	19.5% (1047)	18.5% (1148)	19.4% (825)	15% (741)	16.2% (395)	8.1% (190)	12.8% (238)	11.4% (213)	12.5% (138)	11.7% (371)	11.8% (76)	15.5% (140)
 I have made a plan about how to attempt suicide	4728	8.2% (382)	10.7% (454)	13.2% (715)	12.6% (792)	13.6% (574)	11.8% (564)	11% (261)	5.2% (119)	7.8% (142)	8.3% (148)	8.4% (92)	7.7% (239)	8% (51)	10.5% (92)
 I attempted suicide one or more times	4737	4.9% (240)	6.3% (286)	7.8% (426)	7.9% (494)	8% (338)	6.4% (315)	6.3% (160)	3.5% (79)	5.7% (104)	4.7% (90)	4.3% (46)	4.4% (144)	5.2% (34)	6.7% (62)
I have received counseling or therapy from a health professional, such as doctor, nurse, psychologist, or therapist to help with emotions, concentration, behavior, or mental health	4720	21.2% (1011)	24.5% (1073)	n/a	n/a	n/a	n/a	28.3% (666)	14% (341)	22.2% (413)	19.7% (357)	21.6% (241)	22.5% (725)	16.8% (105)	19.7% (174)
During the past 30 days:															
Average stress level (scale 1-10)	4482	5.53	5.66	5.85	5.85	n/a	n/a	6.22	4.78	4.82	5.55	6.16	5.52	5.44	5.71
 I most of the time or always had poor mental health	4534	19% (867)	n/a	n/a	n/a	n/a	n/a	27.5% (630)	10.2% (233)	15.7% (290)	19.2% (340)	21.8% (237)	18.3% (578)	17.3% (99)	23.2% (186)

“We utilize the mental health data from the YAS in nearly every mental health training we present. This local, up-to-date data allows us to connect the information we are presenting to the real life situation that our youth are living. It clearly shows the need for ongoing education around both mental health knowledge and supportive skills and that our community-wide efforts around youth mental health have been effective, which helps keep this work moving forward.”

Vicki Kavanaugh, Prevention Manager
Arbor Circle







The proportion of teens reporting mental health challenges has **decreased since 2021**.



YAS Safety

Nearly **8%**

of teens did not go to school in the past 30 days because of **concerns about safety** at school or on the way to or from school.

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I have ridden in a vehicle driven by someone who had been drinking alcohol during the past 30 days	4741	10.5% (511)	13.9% (572)	13% (684)	15.3% (978)	14.5% (634)	14.6% (720)	11.8% (290)	9.3% (220)	10.3% (195)	11.1% (206)	10.3% (110)	10.6% (353)	10.5% (68)	10.6% (86)
 I have driven a vehicle after drinking alcohol during the past 30 days (among those who drive)	1887	2.5% (46)	3.5% (38)	3.1% (63)	4.8% (112)	3.1% (69)	4.4% (75)	1.5% (16)	3.6% (30)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 I drove a vehicle after smoking marijuana during the past 30 days (among those who drive)	1861	3.5% (53)	4.1% (56)	6.1% (122)	8.5% (189)	7.1% (139)	n/a	2% (18)	4.9% (34)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 I have texted or e-mailed while driving in the past 30 days (among those who drive)	1893	31.2% (491)	34.2% (484)	30.6% (600)	36.8% (864)	32.2% (714)	39.5% (701)	31.4% (244)	31.1% (246)	5.1% (12)	13.9% (126)	48.1% (353)	32.8% (397)	25.2% (37)	26.9% (56)
 I used internet or apps while driving in the past 30 days (among those who drive)	1894	24.9% (409)	30.5% (439)	28% (558)	34.3% (820)	32.6% (715)	n/a	25.1% (201)	24.8% (208)	9.2% (22)	13.3% (118)	36% (269)	25.8% (323)	18.2% (31)	25.3% (54)
 I did not go to school on one or more days in the past 30 days because of concerns about safety at school or on the way to or from school	4732	7.2% (347)	11.9% (506)	7.7% (407)	8.7% (562)	6.1% (253)	4.5% (237)	10.1% (248)	4.4% (99)	9.2% (172)	6.2% (105)	6.4% (70)	6.3% (208)	7.7% (48)	10% (86)

YAS Cigarette Use



Among teens that have ever smoked a cigarette, **35% had their first cigarette before they turned 13 years old.**







	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
I have smoked a whole cigarette	4711	5.1% (196)	4.6% (175)	7.1% (374)	9.9% (589)	13.1% (528)	13.4% (551)	4.9% (92)	5.2% (103)	2.2% (38)	3.3% (58)	9.4% (100)	4.7% (121)	5.2% (28)	6.5% (47)
I smoked a whole cigarette for the first time before I turned 13 years old	4711	1.8% (71)	2% (76)	2.5% (143)	3.3% (196)	3.8% (152)	3.7% (164)	1.5% (31)	2.1% (40)	1.3% (22)	1.4% (22)	2.6% (27)	1% (32)	2.5% (12)	4.2% (27)
I smoked a whole cigarette for the first time before I turned 13 years old (among those who have ever smoked a whole cigarette)	196	35.1% (71)	43.6% (76)	34.9% (143)	33.8% (196)	29% (152)	29.4% (164)	30.5% (31)	39.7% (40)	58.8% (22)	43.5% (22)	27.3% (27)	22.1% (32)	48% (12)	64.3% (27)
I have smoked cigarettes on one or more of the past 30 days	4708	1.8% (68)	1.1% (46)	2.1% (111)	3.6% (213)	5.5% (222)	6.8% (265)	0.9% (17)	2.8% (51)	0.8% (14)	1% (18)	3.5% (36)	1.6% (39)	1.7% (9)	3% (20)
I tried to quit using all nicotine products in the past 12 months	440	40.8% (176)	38.9% (165)	47% (351)	57% (698)	n/a	n/a	42% (91)	39.3% (84)	34.4% (45)	41.4% (58)	43.2% (73)	43.1% (102)	37% (36)	38.1% (38)
I believe there is no or slight risk to smoking one or more packs of cigarettes per day	4727	13.6% (646)	13.1% (567)	11.3% (644)	10.3% (666)	11.7% (482)	9.8% (487)	11.5% (285)	15.6% (358)	15.1% (289)	12.5% (211)	13.1% (146)	11.4% (380)	18.8% (109)	17.9% (152)
My parent/guardian feel it would not be wrong or only a little bit wrong for me to smoke cigarettes	4743	3.1% (130)	3.5% (144)	3.4% (183)	3.8% (228)	5.1% (205)	4.7% (202)	2.4% (55)	3.7% (75)	1.8% (32)	2.3% (44)	5% (54)	2.9% (81)	1.8% (10)	4.8% (39)
My friends feel it would not be wrong or only a little bit wrong for me to smoke cigarettes	4712	12.4% (516)	12.6% (505)	14.7% (778)	17% (1051)	20.1% (818)	18.9% (833)	11.9% (247)	12.6% (263)	7.3% (135)	9.3% (169)	20% (212)	12.3% (342)	14.2% (73)	11.7% (99)

YAS Cigarette Access

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
↙ It would be very easy or sort of easy for me to get cigarettes	3701	21.2% (730)	25.6% (942)	28.3% (1396)	37% (2075)	43.5% (1614)	39% (1620)	21.4% (379)	20.8% (347)	13.2% (189)	21.6% (331)	29.4% (210)	20.9% (504)	22.8% (97)	21.4% (128)
<i>In the past year:</i>															
I bought cigarettes from a grocery store, gas station, convenience store, or discount store in the past year	4456	0.7% (29)	1.2% (39)	0.9% (46)	1.2% (67)	1.1% (37)	1.4% (37)	0.2% (5)	1.3% (24)	0.5% (9)	0.4% (7)	1.4% (13)	n/a*	n/a*	n/a*
↙ I gave money to a legal age (21+) person to buy cigarettes for me	4442	0.8% (33)	1.2% (44)	1.6% (77)	2.4% (131)	3.6% (125)	4.3% (140)	0.6% (12)	1.1% (21)	0.3% (6)	0.5% (10)	1.8% (17)	0.8% (21)	1.2% (5)	0.8% (7)
I stole cigarettes from a store in the past year	4425	0.6% (24)	0.8% (28)	0.7% (31)	0.7% (33)	0.9% (27)	0.7% (15)	n/a*	n/a*	0.5% (8)	0.3% (6)	1% (10)	n/a*	n/a*	n/a*
↙ I took cigarettes from my home or the home of a friend without permission in the past year	4436	1.3% (55)	1.3% (48)	2.3% (113)	3% (166)	3.5% (127)	3.4% (131)	1% (21)	1.7% (34)	1.1% (19)	1% (19)	2.1% (17)	1.4% (39)	0.8% (5)	1.4% (11)
↙ I have been given cigarettes by my parents or the parents of a friend in the past year	4439	0.8% (31)	1% (41)	1.3% (61)	1.9% (104)	2.3% (74)	2.1% (74)	0.4% (10)	1.1% (21)	0.5% (8)	0.6% (11)	1.3% (12)	n/a*	n/a*	n/a*
↙ I have been given cigarettes by an underage friend in the past year	4409	2% (84)	2.5% (90)	3.3% (162)	4.6% (259)	6.8% (255)	7% (268)	1.7% (35)	2.4% (49)	1% (17)	1.6% (32)	3.9% (35)	2.1% (55)	1.8% (11)	2.2% (18)
↙ I have been given cigarettes by a legal age (21+) person in the past year	4418	1.5% (52)	1.3% (53)	2.3% (113)	4.4% (243)	6.5% (230)	6.8% (239)	1.1% (21)	1.9% (31)	0.6% (10)	0.8% (15)	3.4% (27)	1.5% (33)	1.8% (8)	1.4% (11)

Almost 30% of 12th graders report it would be easy to get cigarettes.

YAS Electronic Vapor Product Use








	Total N	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
		2025 (539)	2023 (618)	2021 (1193)	2019 (2048)	2017 (1286)	2015 (1076)	F (308)	M (228)	8th (127)	10th (195)	12th (217)	White (316)	Hispanic (105)	Other (118)
 I have used an electronic vapor product	4723	13% (539)	16% (618)	22.9% (1193)	34.3% (2048)	31.6% (1286)	24.9% (1076)	15.2% (308)	10.7% (228)	6.9% (127)	11.4% (195)	20.3% (217)	11.5% (316)	17.5% (105)	16.4% (118)
 I have used an electronic vapor product before I turned 13 (all participants)	4723	4.4% (209)	5.3% (219)	5.6% (293)	5.3% (341)	3.7% (160)	2.4% (125)	4.8% (116)	4% (93)	4.8% (87)	5% (82)	3.5% (40)	3.1% (100)	8.7% (56)	6.6% (53)
 I have used an electronic vapor product in the past 30 days	4689	5.8% (223)	7.3% (277)	11.4% (599)	18.5% (1089)	20% (831)	14.3% (588)	6.4% (125)	5.1% (97)	2.5% (45)	4.5% (75)	10% (103)	5.1% (133)	7.2% (40)	7.6% (50)
 I believe there is no or slight risk to using electronic vapor products or e-cigarettes	4736	16.6% (800)	17.1% (741)	20.1% (1105)	22.5% (1439)	48.6% (2041)	n/a	14.3% (359)	18.8% (438)	18.5% (353)	14.6% (261)	16.6% (186)	14.1% (482)	21.8% (128)	21.9% (183)
 My friends feel it would not be wrong or only a little bit wrong for me to use electronic vapor products or e-cigarettes	4676	19.2% (793)	22.2% (879)	30.6% (1614)	41.6% (2529)	n/a	n/a	21.3% (436)	16.9% (351)	9.7% (179)	16.3% (289)	30.7% (325)	18.4% (518)	22.6% (115)	20.3% (155)
 My parent/guardian feel it would not be wrong or only a little bit wrong for me to use electronic vapor products or e-cigarettes	4734	4.5% (186)	5% (195)	6.5% (363)	9.9% (586)	n/a	n/a	4.8% (94)	4.3% (92)	2.9% (53)	3% (52)	7.5% (81)	4.1% (115)	4.3% (21)	6.3% (50)






1 in 6

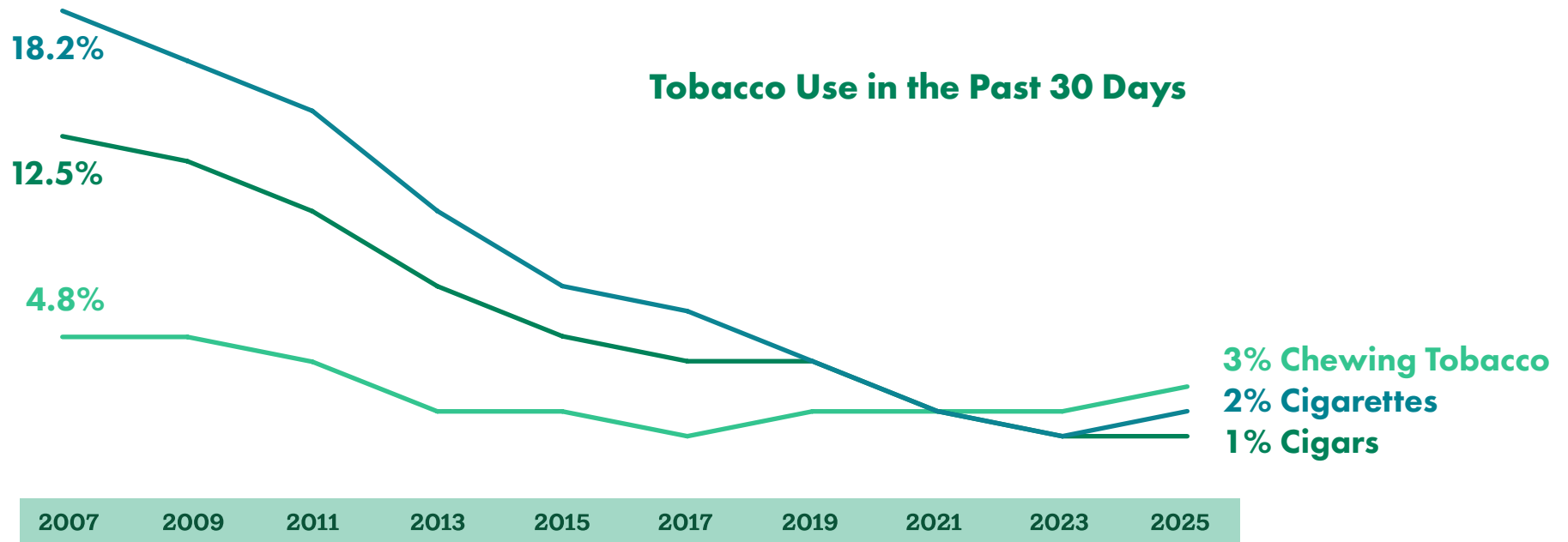
teens perceive **little risk** to vaping.

YAS Electronic Vapor Product Access

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
<i>In the past year:</i>															
 I bought an electronic vapor product from a store	4727	2.1% (75)	2.3% (87)	5.1% (247)	7.5% (422)	n/a	n/a	2% (36)	2.2% (39)	0.8% (14)	1.1% (17)	4.2% (44)	2% (47)	1.3% (8)	3% (20)
 I got an electronic vapor product on the Internet	4705	1.3% (57)	1.1% (45)	1.8% (97)	3.7% (209)	n/a	n/a	1.1% (28)	1.4% (29)	0.8% (15)	1.1% (21)	1.9% (21)	1% (29)	1.5% (10)	2.5% (18)
 I gave someone money to buy me an electronic vapor product	4698	3.9% (156)	4.9% (193)	8.8% (448)	12.3% (718)	n/a	n/a	4.5% (91)	3.3% (65)	1.6% (29)	2.7% (48)	7.3% (79)	3.5% (91)	4.9% (32)	5% (33)
 I borrowed an electronic vapor product from someone else	4707	7.2% (297)	9.2% (353)	13.9% (724)	21.9% (1311)	n/a	n/a	8.9% (181)	5.3% (113)	3.5% (63)	6.9% (117)	11% (117)	6.4% (178)	9.2% (59)	9.2% (60)
 I was given an electronic vapor product by someone who can legally buy these products	4708	3.7% (150)	4.6% (171)	7.5% (388)	14% (817)	n/a	n/a	4% (79)	3.5% (71)	1.4% (25)	3% (53)	6.6% (72)	3.4% (88)	3.9% (25)	5.2% (37)
 I have taken an electronic vapor product from a store or another person	4721	2% (90)	2.8% (109)	2.8% (152)	3.7% (214)	n/a	n/a	2.2% (50)	1.9% (40)	1.5% (26)	1.7% (32)	2.9% (32)	1.7% (47)	3.2% (21)	2.8% (22)
 I have been given an electronic vapor product by my parent/guardian or a friends parent/guardian	4727	2% (77)	1.7% (70)	2.4% (125)	3.1% (186)	n/a	n/a	2% (38)	1.9% (39)	0.9% (16)	1.4% (24)	3.5% (37)	1.7% (45)	1.3% (9)	3.8% (23)









YAS Other Tobacco Use

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I used chewing tobacco, snuff, dip, snus, dissolvable tobacco products, or nicotine pouches in the past 30 days	4720	2.9% (115)	1.5% (53)	1.6% (81)	2.4% (149)	1.3% (49)	2.2% (81)	1.8% (36)	4.1% (79)	1.5% (27)	1.9% (32)	5.1% (56)	2.7% (71)	3.3% (17)	3.7% (27)
 I used cigars, cigarillos, or little cigars in the past 30 days	4698	1.4% (53)	1.3% (48)	1.6% (79)	3.6% (204)	4% (168)	4.9% (195)	0.5% (9)	2.4% (44)	0.4% (7)	1.1% (19)	2.6% (27)	1.2% (29)	0.9% (5)	2.6% (19)
 I have smoked cigarettes or cigars or have used chewing tobacco, snuff, dip, snus, dissolvable tobacco products, or nicotine pouches on one more of the past 30 days	4663	3.6% (140)	2.8% (99)	3.7% (185)	6.2% (366)	7.4% (296)	6.1% (236)	2.2% (45)	5% (95)	1.9% (33)	2.4% (42)	6.4% (65)	3.4% (90)	3.9% (20)	4.3% (30)



YAS Marijuana Use

Nearly **12%** of teens have used marijuana in their lifetime.

	Total N	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
		2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I have used marijuana	4711	11.5% (435)	14% (521)	17.5% (916)	22.1% (1283)	21.3% (839)	17.6% (760)	12.5% (228)	10.5% (205)	3.8% (70)	8.7% (146)	21.4% (219)	10.8% (272)	14.2% (73)	12.7% (89)
 I used marijuana for the first time before I turned 13 years old	4711	2.4% (104)	3.2% (131)	3.1% (170)	3.6% (216)	3.3% (135)	2.8% (133)	2.5% (57)	2.3% (47)	2.1% (38)	2.2% (34)	2.9% (32)	1.7% (50)	4.2% (25)	3.7% (28)
 I have used marijuana on one or more of the past 30 days	4697	5.5% (213)	7% (258)	9.1% (482)	13.3% (765)	12.5% (484)	10.3% (423)	5.2% (99)	5.6% (112)	1.9% (34)	4.6% (78)	9.8% (101)	5.2% (134)	5.7% (30)	6.9% (49)
 I believe there is no or slight risk to trying marijuana once or twice	4737	50% (2296)	53.4% (2197)	56.8% (3053)	54.9% (3441)	57.3% (2432)	52.7% (2428)	49.7% (1136)	50.1% (1150)	41% (773)	48.7% (866)	59.4% (657)	49.4% (1563)	49.5% (282)	52.9% (438)
 I believe there is no or slight risk to smoking marijuana once or twice a week	4733	34.1% (1530)	36% (1519)	41.9% (2254)	40.2% (2492)	45.3% (1898)	38.5% (1784)	31.3% (695)	36.8% (829)	27.6% (520)	31.4% (551)	42.8% (459)	32.4% (999)	38.7% (218)	37.8% (307)
 My parent/guardian feel it would not be wrong or only a little bit wrong for me to smoke marijuana	4702	8.6% (337)	10.5% (418)	12.3% (653)	13.3% (776)	12.1% (482)	8.8% (422)	8.4% (160)	8.9% (177)	3.2% (57)	7% (120)	15.3% (160)	8.6% (228)	7.5% (36)	9.7% (73)
 My friends feel it would not be wrong or only a little bit wrong for me to use marijuana	4662	20.3% (801)	24.7% (962)	31.1% (1647)	36.9% (2192)	35.5% (1436)	30% (1316)	20.6% (398)	19.8% (396)	8.3% (147)	16.8% (291)	34.6% (363)	19.3% (518)	23.7% (116)	22.3% (164)
 I think more than 60% of kids in my grade have used marijuana in the past 30 days	4697	12.3% (503)	16.1% (615)	16.5% (910)	21.2% (1222)	24.6% (936)	19.1% (826)	15% (311)	9.5% (189)	5% (93)	13.2% (225)	18.4% (185)	10.2% (284)	18.4% (96)	16.5% (122)

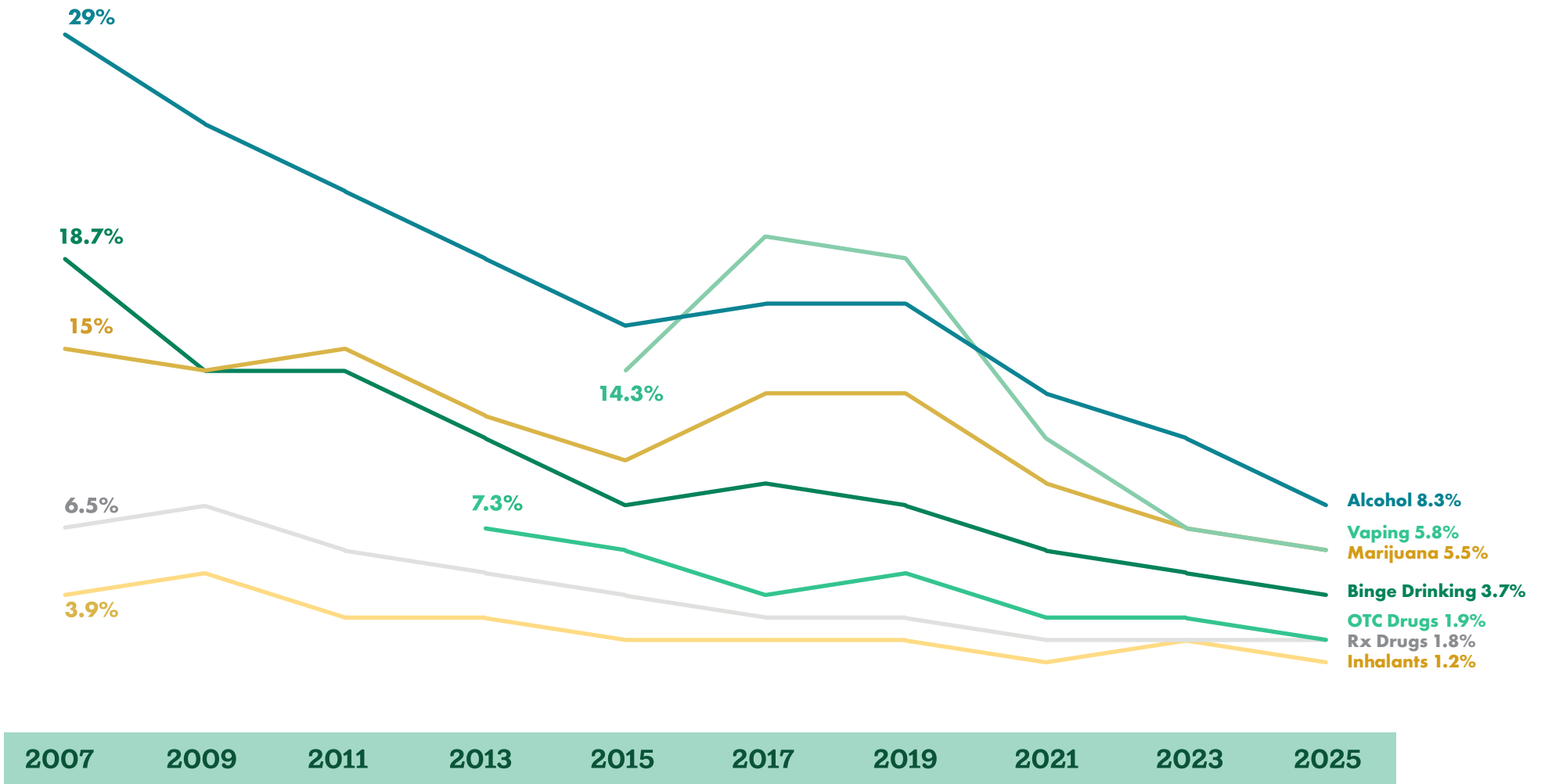
YAS Marijuana Access

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity			
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other	
↘ It would be sort of easy or very easy for me to obtain marijuana	4685	23.4% (970)	30.7% (1180)	34.7% (1837)	43.1% (2555)	36.5% (1449)	32.5% (1422)	23.7% (489)	23% (477)	10.6% (190)	21.2% (386)	37.4% (394)	23.8% (675)	24.6% (132)	21.8% (163)	
<i>In the past year:</i>																
↘ I have bought marijuana from a store (dispensary)	4734	1.2% (49)	1.6% (61)	1.8% (95)	n/a	n/a	n/a	0.9% (17)	1.6% (32)	0.4% (6)	1% (19)	2.2% (24)	0.8% (24)	1.6% (8)	2.5% (17)	
I have bought marijuana with an ID other than mine	4721	0.6% (26)	0.8% (34)	0.8% (37)	n/a	n/a	n/a	0.2% (5)	1% (21)	n/a*	n/a*	n/a*	0.6% (15)	0.8% (5)	0.7% (6)	
↘ I have been given marijuana by my parent/guardian or a friends parent/guardian	4723	2.7% (103)	3.3% (130)	3.9% (203)	n/a	n/a	n/a	2.6% (51)	2.7% (52)	0.8% (15)	2.2% (38)	4.8% (50)	2.4% (63)	2.4% (14)	3.9% (26)	
↘ I have been given marijuana by a legal aged (21+) person	4740	4.4% (171)	5.4% (195)	6.7% (356)	n/a	n/a	n/a	4.3% (81)	4.4% (89)	1.3% (22)	3.8% (70)	7.8% (79)	4% (102)	5.3% (32)	5.2% (37)	



Nearly **25%** of teens report it would be easy to get marijuana.










Across every monitored substance, **teen use has declined steadily over the past 18 years.**









YAS Alcohol Use



1 in 4 teens have had a drink of alcohol.









	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I have had a drink of alcohol	4672	23.9% (996)	29.1% (1091)	33.3% (1726)	39.4% (2361)	32% (1283)	28.3% (1238)	25.2% (521)	22.6% (472)	10.5% (191)	21.4% (378)	38.7% (427)	24% (680)	26.9% (144)	22.2% (169)
 I had a drink of alcohol before I turned 13 years old	4672	9.1% (420)	10.8% (427)	12.2% (656)	12.8% (807)	7% (306)	6.7% (318)	9% (208)	9.2% (211)	8.2% (150)	9% (159)	9.9% (111)	8.3% (264)	12.3% (71)	9.9% (83)
 I have had at least one drink of alcohol in the past 30 days	4703	8.3% (335)	11.2% (398)	13.3% (678)	16.9% (988)	17.2% (692)	15.6% (640)	8.6% (178)	8% (155)	2.1% (41)	7% (126)	15.4% (168)	8.6% (239)	9% (46)	7.3% (49)
 I have had five or more drinks of alcohol within a couple hours in the past 30 days	4708	3.7% (140)	4.7% (169)	5.9% (301)	7.6% (431)	8.9% (359)	8.4% (334)	3.1% (60)	4.3% (80)	0.6% (11)	2.7% (49)	7.4% (80)	3.6% (92)	2.9% (17)	4.4% (30)
 I believe there is no or slight risk to having five or more alcoholic drinks once or twice a week	4728	20.9% (1008)	22.6% (962)	24.8% (1351)	23.4% (1499)	27.7% (1190)	25.6% (1256)	16.8% (421)	25% (583)	23% (435)	19.1% (345)	20.7% (228)	19.4% (646)	24.1% (146)	24.4% (208)
 I believe there is no or slight risk to having one or two alcoholic drinks nearly every day	4729	19.1% (917)	20.5% (884)	22.7% (1231)	19.7% (1280)	22.7% (970)	21% (1044)	16% (398)	22.1% (514)	21.2% (402)	17.3% (307)	18.9% (208)	17.6% (582)	22.9% (136)	22% (191)
 My friends feel it would not be wrong or only a little bit wrong for me to have one or two drinks of an alcoholic beverage nearly every day	4684	13.2% (555)	13.7% (543)	17.3% (902)	19.8% (1205)	19.2% (780)	17.8% (795)	11% (240)	15.3% (310)	6.9% (126)	11.3% (210)	20.8% (219)	13.1% (380)	14.4% (71)	13.1% (102)
 My parent/guardian feel it would not be wrong or only a little bit wrong for me to drink beer, wine, or hard liquor regularly	4727	9.1% (391)	11.5% (454)	11.9% (610)	10.8% (657)	13.8% (553)	11.5% (517)	7.8% (176)	10.4% (214)	4.6% (87)	7.8% (147)	14.5% (157)	8.8% (256)	7.6% (40)	11.2% (94)
My parent/guardian feel it would not be wrong or only a little bit wrong for me to have one or two alcoholic drinks nearly every day	4720	4.4% (191)	5.6% (216)	5.6% (307)	6% (365)	5% (196)	4.6% (208)	3.6% (85)	5.1% (106)	2.6% (49)	3.5% (68)	6.8% (74)	4.3% (122)	3.6% (21)	5.4% (48)
 I think more than 60% of kids in my grade have drunk alcohol in the past 30 days	4704	14.8% (635)	16.4% (616)	16.5% (870)	17.4% (1023)	21.4% (838)	20% (872)	18.5% (403)	11.1% (231)	4.5% (84)	16.3% (294)	23% (257)	14.2% (420)	15% (85)	17% (126)

YAS Alcohol Access







	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 It would be sort of easy or very easy for me to get alcohol	4694	45.1% (2025)	51.9% (2092)	53.7% (2824)	59.1% (3653)	56.3% (2333)	53.7% (2446)	47.5% (1061)	42.5% (953)	30.5% (566)	45.9% (829)	58% (630)	48.2% (1505)	39.4% (210)	37.8% (297)
<i>In the past year:</i>															
 I bought alcohol from a store	4733	1.8% (68)	1.9% (71)	2.3% (112)	2% (112)	1.1% (40)	1.2% (45)	1.5% (30)	2.2% (38)	0.4% (8)	1.4% (24)	3.6% (36)	1.6% (38)	1.9% (11)	3% (19)
I bought alcohol from a restaurant or bar	4707	1.3% (52)	1.3% (50)	1.1% (63)	1.7% (100)	1% (41)	0.9% (41)	1.2% (25)	1.4% (27)	0.3% (5)	0.8% (13)	2.8% (34)	1.3% (34)	1.1% (8)	1.6% (10)
 I gave money to a legal age (21+) friend or family member to buy alcohol	4712	3.4% (127)	5% (165)	5.8% (291)	8.6% (487)	7.8% (311)	7.2% (276)	3.9% (73)	2.9% (54)	0.4% (7)	2.4% (42)	7.2% (78)	3.5% (83)	2.3% (16)	4.1% (27)
I bought alcohol in the past year with an ID other than mine	4703	1% (39)	0.6% (23)	0.9% (47)	1.2% (68)	1% (38)	0.5% (17)	0.6% (13)	1.5% (26)	0.4% (8)	0.5% (9)	2% (22)	0.9% (22)	1% (7)	1.5% (10)
I stole alcohol from a store	4706	2.1% (85)	1.5% (56)	1.5% (79)	2% (109)	1.7% (62)	1.6% (52)	1.9% (39)	2.3% (46)	0.8% (15)	1.5% (27)	3.9% (43)	1.9% (51)	2.7% (16)	2.9% (18)
 I took alcohol from my home or the home of a friend without permission	4722	4.8% (198)	6.8% (263)	8.6% (455)	11.6% (691)	10.5% (408)	7.7% (319)	5.7% (120)	3.9% (76)	1.5% (26)	4.4% (79)	8.4% (93)	4.8% (136)	4.9% (27)	5% (35)
I have been given alcohol by a parent/guardian or the parent/guardian of a friend	4716	10.8% (468)	14.7% (551)	14.5% (753)	17.4% (1060)	14.3% (583)	11.3% (487)	12.3% (267)	9.5% (201)	5.6% (105)	10% (180)	16.5% (183)	10.7% (316)	11.3% (63)	11.1% (87)
 I have been given alcohol by a legal age (21+) person	4723	10.2% (447)	14.1% (510)	15.6% (791)	19.9% (1182)	17.5% (698)	14.7% (613)	11.8% (257)	8.8% (190)	4.5% (83)	9.8% (182)	16.1% (182)	10.1% (294)	11.2% (67)	10.5% (85)
 I have attended a party where alcohol was available	4731	25.1% (1124)	27.5% (1103)	27.6% (1451)	33.8% (2070)	38.1% (1585)	31.3% (1450)	26.6% (595)	23.6% (525)	17.7% (335)	22.6% (416)	34.1% (373)	23.5% (733)	35% (198)	24.2% (184)

25% of teens attended a party where alcohol was available.

YAS Prescription Drug Use

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I have used a prescription drug without a doctor's prescription	4676	6% (274)	6.5% (240)	7.3% (378)	10% (594)	7.8% (309)	9.3% (373)	5.4% (125)	6.8% (148)	5% (91)	5.9% (104)	7.2% (79)	5.8% (181)	5.1% (30)	7.9% (62)
 I used a prescription drug without a doctor's prescription before I turned 13 years old	4676	3.6% (173)	4.3% (163)	3.8% (197)	3.5% (220)	1.9% (73)	2.3% (109)	2.8% (73)	4.4% (100)	4.2% (77)	3.4% (59)	3.2% (37)	3.2% (107)	3.5% (20)	5.2% (45)
 I used a prescription drug without a doctor's permission in the past 30 days	4733	1.8% (82)	2.6% (87)	2.9% (151)	4.8% (282)	4.3% (173)	5.7% (223)	1.4% (37)	2.3% (45)	1.1% (21)	1.6% (31)	2.7% (30)	1.9% (56)	0.9% (6)	2.3% (20)
During the past 30 days:															
 I have used prescription sedatives or tranquilizers such as Valium, Xanax, or Restoril with out a doctors prescription	4716	1% (42)	1% (33)	1.3% (63)	2.3% (134)	2.1% (76)	2.1% (78)	0.5% (13)	1.4% (29)	0.3% (6)	0.8% (16)	1.8% (20)	n/a*	n/a*	n/a*
 I have used prescription pain relievers such as Darvocet, Percocet, or Vicodin without a doctors prescription	4674	1% (44)	1.5% (47)	1.2% (66)	2.3% (131)	2.3% (87)	2.2% (80)	0.8% (21)	1.2% (23)	0.7% (13)	0.8% (15)	1.4% (16)	n/a*	n/a*	n/a*
 I have used prescription stimulants such as Ritalin, Adderall, or Fastin without a doctors prescription	4673	1% (44)	1.4% (46)	2.1% (107)	3.4% (188)	2.5% (102)	3.5% (136)	0.6% (16)	1.4% (28)	0.6% (11)	0.9% (17)	1.5% (16)	n/a*	n/a*	n/a*
 I believe there is no or slight risk to using a prescription drug not prescribed to me	4738	16.7% (801)	17% (730)	14.9% (836)	13.5% (881)	14.9% (636)	13.9% (700)	13.9% (343)	19.6% (454)	18.2% (348)	15.8% (272)	16.2% (181)	15.3% (513)	19.3% (114)	20.1% (167)
My parent/guardian feel it would not be wrong or only a little bit wrong for me to use prescription drugs not prescribed to me	4709	3.5% (153)	4.2% (151)	3.2% (171)	3.8% (235)	3.9% (142)	3.6% (160)	2.7% (66)	4.3% (87)	2.3% (43)	2.9% (54)	5.1% (56)	3.2% (94)	2.2% (14)	5.5% (44)
 My friends feel it would not be wrong or only a little bit wrong for me to use prescription drugs not prescribed to me	4690	9.3% (406)	9.3% (381)	10.4% (547)	12.8% (794)	13.3% (539)	13.6% (581)	7.9% (182)	10.7% (222)	7.2% (130)	8.5% (147)	12% (129)	8.6% (262)	10.2% (52)	11.6% (92)

YAS Prescription Drug Access




	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 It would be sort of easy/very easy for me to get prescription drugs without a doctor's prescription	4695	18% (817)	20.1% (808)	22.4% (1164)	28.3% (1722)	25.7% (1043)	29% (1272)	18.4% (423)	17.4% (390)	13.8% (254)	19.4% (348)	20.5% (215)	19.3% (606)	12.7% (75)	16.9% (132)
Referring to Rx drugs not prescribed to you, in the past year:															
 I bought them from a friend/peer	4729	0.9% (38)	0.9% (38)	2.2% (111)	3.3% (189)	3.2% (124)	3.2% (119)	0.3% (8)	1.6% (30)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 I took them from home	4696	2.5% (109)	2.7% (104)	3.3% (163)	4.1% (251)	3.4% (134)	3.3% (133)	2.6% (62)	2.4% (47)	1.8% (32)	2.6% (43)	3% (34)	2.3% (72)	2.5% (14)	3% (23)
 I took them from grandparents	4693	1% (44)	0.7% (32)	1.2% (59)	1.1% (68)	0.9% (32)	0.5% (20)	0.6% (17)	1.4% (27)	1% (17)	0.9% (13)	1.2% (14)	n/a*	n/a*	n/a*
 I took them from a friend	4690	1.3% (53)	0.9% (37)	1.6% (75)	2.5% (147)	2.1% (85)	2.4% (95)	0.8% (20)	1.7% (32)	0.4% (7)	1.4% (24)	1.9% (22)	1.3% (36)	0.8% (5)	1.5% (12)
I took them from a friends home	4703	0.8% (34)	0.7% (30)	1% (50)	1.2% (68)	1% (39)	0.9% (33)	0.4% (11)	1.3% (23)	n/a*	n/a*	n/a*	n/a*	n/a*	n/a*
 I attended a party where they were available	4725	3% (128)	3.4% (125)	5.5% (277)	8% (473)	8.4% (341)	5.7% (223)	2.5% (58)	3.4% (68)	1.8% (33)	2.7% (49)	4.3% (46)	2.7% (79)	3.2% (18)	3.7% (30)



1 in 5










teens say prescription drugs **are easy to get.**

YAS Over-the-Counter Drug Use









	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
 I have used over the counter drugs only for the experience or feeling that they caused	4731	4.2% (181)	4.2% (166)	5.3% (290)	6.8% (423)	5.3% (218)	6.6% (263)	4.4% (92)	4.1% (89)	2.6% (49)	3.9% (72)	6% (60)	3.4% (100)	4.6% (27)	7.2% (53)
I used over the counter drugs only for the experience or feeling that they caused before I turned 13 years old	4731	1.7% (80)	2.2% (87)	2.2% (121)	2.3% (147)	1.1% (48)	1.8% (78)	1.7% (42)	1.6% (38)	1.6% (31)	1.5% (29)	1.9% (20)	1.3% (39)	1.8% (12)	3.2% (28)
 I have used over the counter drugs only for the experience or feeling that they cause on one or more of the past 30 days	4714	1.9% (83)	1.7% (75)	2.1% (121)	3.3% (203)	3.1% (119)	3.5% (138)	1.5% (36)	2.3% (47)	1.2% (23)	1.5% (30)	2.9% (30)	1.5% (41)	2.2% (13)	3.4% (29)
 I believe there is no or slight risk to using over the counter drugs only for the experience or feeling they cause	4755	21% (989)	20.5% (899)	20.3% (1098)	19.6% (1276)	18.2% (776)	16.8% (829)	18.3% (440)	23.6% (542)	21.9% (415)	18.5% (330)	22.5% (244)	19.2% (631)	27.3% (152)	22.6% (193)

1 in 5 teens believe there is little risk to using over the counter drugs.

YAS Other Drug Use

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
<i>Used an inhalant (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any other gases or sprays):</i>															
 Ever to get high	4742	3.4% (155)	3.9% (158)	4.1% (229)	4.9% (314)	3.9% (162)	4.3% (181)	2.9% (70)	3.9% (84)	3.2% (58)	3% (56)	4% (41)	3% (96)	4.2% (23)	4.5% (35)
To get high for the first time before age 13	4742	2.1% (96)	2.6% (102)	2.3% (139)	2.7% (179)	2% (85)	1.8% (85)	1.7% (44)	2.5% (52)	2.1% (39)	1.6% (31)	2.6% (26)	1.7% (54)	2.8% (15)	3.2% (27)
To get high in the past 30 days	4717	1.2% (52)	1.6% (63)	1.4% (75)	1.8% (112)	1.9% (74)	1.6% (64)	0.6% (16)	1.7% (36)	1.3% (24)	0.7% (13)	1.5% (15)	1% (31)	0.6% (4)	2.2% (17)
 I have used cocaine in any form including powder, crack, or freebase	4739	1.5% (62)	1.3% (54)	2% (94)	2.5% (149)	2.6% (102)	1.8% (63)	0.9% (19)	2.1% (43)	0.9% (17)	1.2% (20)	2.4% (25)	1.3% (35)	1.5% (9)	2.7% (18)
I have used heroin (also called smack, junk, or China White)	4721	1% (40)	1.1% (43)	0.9% (43)	1.1% (69)	0.8% (29)	1.6% (74)	0.5% (10)	1.6% (30)	0.6% (12)	0.6% (10)	1.8% (18)	0.9% (24)	1% (7)	1.4% (9)
I have used methamphetamines (also called speed, crystal, crank, ice, chalk, fire, or glass)	4710	1.2% (47)	1.3% (55)	1.5% (77)	1.4% (87)	0.9% (31)	1.6% (57)	0.7% (14)	1.7% (33)	0.8% (15)	0.5% (9)	2.2% (23)	1% (27)	0.8% (6)	2.1% (14)
 I believe there is no or slight risk to using methamphetamine (meth, crank, ice, chalk, fire or glass)	4739	12.2% (587)	12% (504)	10% (560)	n/a	n/a	n/a	10.6% (265)	13.8% (320)	14.5% (277)	10.6% (180)	11.5% (130)	9.9% (333)	17.3% (103)	16.9% (146)
 I have used ecstasy (also called extacy, X, MDMA)	4730	1.4% (53)	1.4% (53)	1.9% (95)	2.8% (162)	1.7% (62)	2.4% (97)	0.8% (15)	2% (38)	0.6% (11)	0.9% (17)	2.5% (25)	1.2% (32)	1.2% (8)	2.2% (13)
 I have used a hallucinogen (LSD, PCP, shrooms, or acid)	4737	2.3% (91)	2.4% (94)	3.8% (195)	4.5% (264)	4.4% (162)	3.9% (148)	1.5% (29)	3.1% (61)	0.8% (15)	1.6% (30)	4.4% (46)	2.3% (62)	2.1% (14)	2.6% (15)
 I have used a hallucinogen (LSD, PCP, shrooms, or acid) in the past 30 days	4705	1.2% (44)	1.2% (48)	1.7% (91)	2.2% (132)	2.2% (79)	1.8% (54)	0.5% (11)	1.8% (33)	0.3% (6)	0.7% (15)	2.4% (23)	1.1% (29)	0.7% (5)	1.8% (10)
 It would be sort of easy or very easy for me to get a drug like cocaine, LSD, heroin, or methamphetamine	4704	5.4% (233)	7% (257)	8.4% (440)	14.4% (851)	12.4% (464)	10.7% (420)	4.7% (107)	6% (125)	3.3% (61)	4.9% (91)	7.8% (81)	5.2% (151)	7.2% (41)	5.1% (41)
 During the past 30 days, I have used a needle to inject an illegal drug into my body	4725	1% (38)	0.9% (35)	0.6% (27)	n/a	n/a	n/a	0.3% (7)	1.6% (31)	0.6% (11)	0.5% (9)	1.8% (18)	n/a*	n/a*	n/a*
 I have never used any of the drugs in the YAS	4124	69.4% (2969)	63.6% (2558)	59.5% (2844)	51.1% (3080)	58.2% (2440)	65.6% (2839)	68.7% (1486)	70.2% (1472)	81.8% (1298)	71.5% (1118)	56.5% (553)	70.6% (2167)	62.6% (291)	68.4% (483)

YAS Nutrition & Wellness

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
I have been physically active for 60+ minutes per day on five or more of the past seven days	4672	51.9% (2480)	52.7% (2225)	50.1% (2602)	49.9% (3271)	50.2% (2157)	55.3% (2723)	43% (1050)	61% (1422)	54.2% (1004)	54.8% (960)	47% (516)	55.9% (1847)	38.3% (223)	46.6% (391)
I have exercised to strengthen or tone muscles on three or more of the past seven days	4656	51.9% (2461)	51.4% (2160)	48.1% (2537)	48% (3107)	47.9% (2063)	55.3% (2733)	41% (996)	63% (1456)	53% (979)	56% (970)	47% (512)	53.5% (1760)	46% (263)	50% (418)
 On an average day, I spend three or more hours watching tv, playing video or computer games, or using a computer for something that is not school work	4672	58.2% (2691)	60.1% (2578)	62.7% (3372)	59% (3760)	52.5% (2249)	51.1% (2477)	59.3% (1383)	56.9% (1296)	53.4% (982)	60.1% (1047)	61.1% (662)	57.5% (1848)	61.7% (354)	59.6% (476)
 I eat five or more servings of fruits and vegetables on an average day	4711	28.7% (1379)	25.8% (1117)	24.7% (1333)	26.3% (1734)	26.5% (1150)	32.2% (1637)	26.9% (645)	30.5% (729)	32.5% (614)	29% (501)	24.8% (264)	27.1% (910)	31.8% (188)	32% (265)
I have 0 cups of fruit on an average day	4718	9.7% (449)	10.7% (483)	13.6% (741)	13.2% (831)	12.1% (528)	9.8% (466)	8.8% (198)	10.4% (248)	8.7% (161)	9.1% (163)	11.1% (125)	10.4% (327)	7% (42)	9.3% (78)
 I have 0 cups of vegetables on an average day	4716	16.4% (759)	18.9% (826)	20.5% (1103)	21.2% (1335)	20.9% (883)	17.6% (848)	14.9% (339)	17.7% (416)	15.7% (292)	16.1% (281)	17.4% (186)	15.6% (503)	17.1% (100)	18.8% (150)
 I drank a can, bottle, or glass of soda or pop (not including diet) one or more times per day in the past seven days	4718	27.9% (1307)	26.4% (1129)	28% (1507)	26.9% (1704)	28.5% (1198)	33.2% (1575)	24.4% (584)	31.4% (717)	27.1% (514)	26.2% (458)	30.4% (335)	25.9% (840)	36.2% (211)	29.8% (249)
 I drank a can, bottle, or glass of soda or pop (not including diet) three or more times per day in the past seven days	4718	4% (172)	3.1% (133)	4.3% (247)	5.1% (310)	6.3% (252)	6.7% (306)	2.6% (59)	5.5% (113)	2.9% (53)	3.5% (58)	5.6% (61)	3.3% (99)	4.5% (22)	6.7% (51)
 I drank a can, bottle, or glass of an energy drink one or more times in the past seven days	4711	18.1% (793)	13.5% (520)	10.7% (582)	7.2% (450)	17.5% (728)	n/a	19.8% (459)	16.4% (333)	11.3% (212)	17.6% (316)	24.8% (265)	18.5% (551)	15.7% (89)	18.6% (151)
 I drank a can, bottle, or glass of an energy drink three or more times per day in the past seven days	4711	2.3% (96)	1.6% (64)	1.5% (87)	1.2% (74)	n/a	n/a	1.3% (32)	3.2% (64)	1.4% (25)	1.9% (31)	3.5% (40)	2% (58)	1.5% (10)	4.1% (28)
 I sometimes, most of the time, or always went hungry in the past 30 days because there was not enough food in my home	4722	7.1% (330)	10.1% (445)	7.2% (406)	10.6% (674)	12.7% (529)	n/a	7.3% (177)	6.6% (150)	6.3% (118)	7.9% (133)	7.1% (79)	5.2% (173)	10.1% (63)	12.1% (93)
I get eight or more hours of sleep on an average night	4680	37.3% (1882)	37.5% (1694)	34.5% (1812)	36.7% (2480)	36.5% (1638)	n/a	33.4% (847)	41.5% (1032)	53.3% (993)	35% (611)	24.6% (278)	38.3% (1353)	33.4% (202)	35.7% (305)

3+ hours watching screens on average day



Physically active 60+ min, 5 out of 7 days



Muscle strengthening 3 out of 7 days



8 or more hours of sleep



■ Female ■ Male



ONLY 1 in 4







teens eat the recommended servings of fruits and vegetables on an average day.

“As we reflect on the 11th administration of the Youth Assessment Survey, it remains one of several tools that helps educators and community partners better understand the experiences and needs of young people in our region. The information gathered supports thoughtful conversations and informed decisions to strengthen student well-being.”

Kyle Mayer, Superintendent
Ottawa Area Intermediate School District

YAS

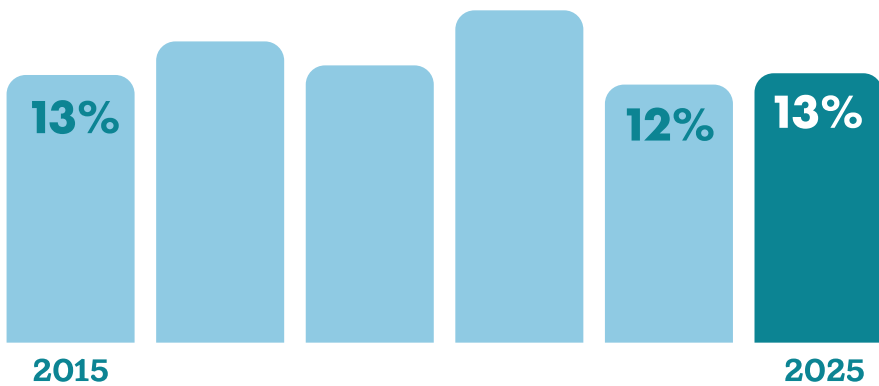
Body Weight & Body Image

	Total	Total Responses						2025 by Sex		2025 by Grade Level			2025 by Race/Ethnicity		
	N	2025	2023	2021	2019	2017	2015	F	M	8th	10th	12th	White	Hispanic	Other
Underweight (less than 5th percentile)	3905	3.7% (138)	4.3% (185)	3.4% (172)	4.9% (300)	4.1% (170)	4.1% (190)	2.9% (58)	4.4% (80)	3.7% (55)	2.5% (37)	4.7% (46)	3.7% (101)	3.4% (15)	4% (22)
Healthy Weight (5th–84th percentile)	3905	71% (2804)	71.7% (2947)	66.2% (3354)	69.5% (4310)	69.8% (2819)	72.4% (3173)	73.8% (1447)	68.2% (1357)	72.5% (1067)	71.4% (1063)	69.3% (674)	75.3% (2078)	52.7% (253)	66.4% (452)
Overweight (85th–94th percentile)	3905	12.8% (488)	12.3% (515)	16% (819)	13.3% (816)	14.3% (559)	12.6% (549)	13.5% (255)	12.1% (233)	12.8% (188)	12.4% (183)	13.1% (117)	11.4% (312)	18.7% (87)	14.4% (88)
Obese (95th+ percentile)	3905	12.6% (475)	11.8% (468)	14.3% (732)	12.2% (726)	11.8% (451)	10.8% (479)	9.9% (189)	15.3% (286)	10.9% (159)	13.7% (188)	12.9% (128)	9.7% (258)	25.2% (113)	15.2% (104)
Overweight or Obese	3905	25.4% (963)	24.1% (983)	30.3% (1551)	25.6% (1542)	26.1% (1010)	23.4% (1028)	23.3% (444)	27.4% (519)	23.7% (347)	26.1% (371)	26% (245)	21.1% (570)	43.9% (200)	29.6% (192)
 I describe myself as slightly or very overweight	4728	24.9% (1153)	25.9% (1090)	27.4% (1487)	27.7% (1754)	29.6% (1237)	25% (1235)	26.2% (601)	23.6% (547)	23.5% (441)	24.5% (416)	26.7% (296)	21.8% (700)	36% (213)	28.6% (231)
 I describe myself as about the right weight	4728	57.6% (2732)	57.5% (2478)	55.1% (2896)	55.1% (3573)	53.4% (2309)	56.6% (2711)	61% (1462)	54.3% (1262)	57.3% (1081)	58.4% (1037)	57% (614)	60.2% (1980)	50.1% (287)	53% (440)
 I am trying to lose weight	4721	36% (1686)	36.6% (1554)	38.9% (2074)	41% (2613)	42.7% (1809)	37.8% (1892)	45.7% (1065)	26.2% (615)	35.5% (665)	36.5% (629)	36.1% (392)	31.8% (1038)	51.7% (301)	41.2% (337)
To lose weight or keep from gaining weight, in the past 30 days:															
 I exercised	4714	65.7% (3159)	71.6% (3040)	69.7% (3688)	71.4% (4648)	73.4% (3196)	67.1% (3306)	63.6% (1532)	67.8% (1615)	69.6% (1313)	68.9% (1204)	59% (642)	63.4% (2127)	73.6% (437)	69.3% (574)
I ate less food, fewer calories, or foods low in fat	4703	42.5% (1949)	41.8% (1764)	45% (2375)	44.3% (2831)	44.5% (1912)	41.2% (2033)	50.7% (1166)	34.2% (776)	39.1% (735)	43.6% (745)	44.6% (469)	38.5% (1238)	59.5% (333)	46.2% (368)
 I went without eating for 24 hours or more	4703	11.6% (541)	13.1% (537)	14.7% (803)	11.9% (765)	10% (425)	8.8% (428)	16.4% (388)	6.6% (150)	10.5% (192)	12.7% (224)	11.5% (125)	9.6% (312)	17% (101)	15.9% (128)
I took diet pills, powders, or liquids without a doctor's advice	4689	2.4% (96)	3% (111)	3.8% (200)	3.1% (191)	3.1% (127)	2.7% (110)	2.6% (55)	2.1% (41)	1.5% (28)	1.9% (34)	3.6% (34)	1.8% (49)	2.8% (17)	4.4% (30)
 I vomited or took laxatives	4696	4.2% (190)	4.5% (182)	4.8% (257)	3.5% (224)	3.5% (148)	3.1% (124)	6.1% (144)	2.4% (45)	3.6% (63)	4.2% (76)	5% (51)	3.3% (103)	6.1% (37)	6.7% (50)



3 in 4 females are at a healthy weight, yet

1 in 2 females are trying to lose weight.



OVERWEIGHT
Teens



OBESE
Teens



RISK & PROTECTIVE FACTORS

“At The Children’s Advocacy Center, we are thankful to have local Youth Assessment Survey data that we incorporate directly into our prevention trainings, helping adults better understand the real risks youth in our community face and why child abuse prevention and early intervention are so important.”

Julie Leeson, Prevention and Outreach Director
Children’s Advocacy Center



YAS Risk & Protective Factors

Risk and protective factors are scored using sets of survey questions called scales and are organized by domain (Community, Family, and Peer & Individual).

The scale construction followed guidelines provided by the University of Washington's Social Development Research Group. The 2025 YAS report contains scales for five risk factors (Perceived Availability of Drugs; Family Conflict; Parental Attitudes Favorable toward Alcohol Tobacco and other Drug Use; Poor Family Management; and Low Perceived Risk of Drug Use) and one protective factor (Family Opportunities for Pro-Social Involvement).¹

Each question within a risk or protective scale had its responses ordered and valued from one to four or from one to five, depending on the number of responses. The values of each student's responses were then summed for each scale and the mean scale value was calculated. If the student's mean was more than the scale mean, then the student's score for a scale was considered at risk. If the student's mean was less than or equal to the expected scale mean, then the student's score was considered not at risk.

The **Risk and Protective Factors** tables report the weighted percentage of students who scored at risk for each Risk Factor scale or not at risk for the single Protective Factor scale. Weighted percentages were also reported among the subgroups for sex, grade level and race/ethnicity.

Risk Factors

Conditions that increase the likelihood of an adolescent becoming involved in drug use, delinquency, school problems or violence.

LOW PERCENTAGES *are desirable among risk factors.*

Protective Factors

Conditions that buffer youth from exposure to risk by either reducing the impact of the risks or changing the way an adolescent responds to risks.

HIGH PERCENTAGES *are desirable among protective factors.*

¹ <https://www.communitiesthatcare.org.au/risk-protective-factors>

Family

Risk Factor YAS survey questions used to calculate each risk or protective factor	Percentage of Students Exhibiting the Risk Factor									
	Survey Year	All Participants	Female	Male	8th Grade	10th Grade	12th Grade	White	Hispanic	Other
Family Conflict Scale										
<ul style="list-style-type: none"> Q158: People in my family often insult or yell at each other Q159: We argue about the same things in my family over and over again Q160: People in my family have serious arguments 	2025	22.6%	28.4%	16.6%	20.0%	22.8%	25.0%	21.1%	23.7%	28.8%
	2023	26.8%	30.5%	22.3%	25.2%	26.7%	27.0%	24.9%	26.6%	33.6%
	2021	25.1%	31.3%	18.7%	20.7%	27.2%	27.9%	22.8%	28.4%	33.5%
	2019	28.7%	33.1%	24.2%	24.1%	30.3%	31.6%	26.8%	31.8%	35.9%
	2017	30.5%	34.2%	26.2%	25.8%	31.7%	33.7%	28.2%	32.8%	39.3%
	2015	29.0%	35.0%	22.9%	22.3%	31.8%	33.5%	26.5%	37.3%	36.8%
	2013	28.1%	33.4%	22.7%	22.7%	34.2%	30.1%	26.3%	32.1%	34.1%
	2011	29.8%	33.9%	25.2%	28.0%	31.6%	29.5%	-	-	-
	2009	27.0%	30.9%	24.5%	22.3%	30.9%	28.1%	-	-	-
	2007	33.4%	39.4%	33.1%	32.3%	37.9%	38.2%	-	-	-
2005	-	-	-	-	-	-	-	-	-	
Parental Attitudes Favorable Toward Alcohol, Tobacco & Other Drug Use Scale										
<ul style="list-style-type: none"> Q119: How wrong does your parent/guardian feel it would be for you to smoke cigarettes?* Q120: How wrong does your parent/guardian feel it would be for you to drink beer, wine or hard liquor regularly?* Q122: How wrong does your parent/guardian feel it would be for you to smoke marijuana?* 	2025	4.0%	3.2%	4.9%	1.6%	2.6%	7.7%	3.9%	3.3%	5.2%
	2023	4.6%	4.7%	4.4%	1.8%	4.4%	8.2%	4.1%	3.8%	7.3%
	2021	5.4%	4.5%	6.1%	2.1%	5.3%	9.10%	4.5%	7.6%	7.8%
	2019	5.6%	4.6%	6.6%	2.5%	4.8%	9.6%	5.0%	6.1%	8.4%
	2017	6.7%	6.4%	7.1%	3.0%	6.3%	10.7%	6.3%	6.7%	8.3%
	2015	5.3%	4.1%	6.5%	1.7%	5.4%	9.2%	4.8%	6.5%	7.5%
	2013	5.9%	5.1%	6.7%	2.0%	7.3%	11.1%	5.3%	6.3%	8.5%
	2011	10.9%	5.6%	9.2%	3.3%	7.7%	11.6%	-	-	-
	2009	7.2%	5.4%	9.1%	2.2%	7.3%	11.2%	-	-	-
	2007	6.9%	5.2%	9.1%	2.4%	7.7%	13.2%	-	-	-
2005	-	-	-	-	-	-	-	-	-	

*The wording of questions Q119-Q122 were changed in 2019 to does your parent/guardian from do your parents.

Family

Risk Factor or Protective Factor YAS survey questions used to calculate each risk or protective factor	Percentage of Students Exhibiting the Risk Factor or Protective Factor									
	Survey Year	All Participants	Female	Male	8th Grade	10th Grade	12th Grade	White	Hispanic	Other
Poor Family Management Scale										
	2025	6.9%	5.6%	8.2%	3.4%	5.8%	11.3%	6.1%	9.1%	8.8%
• Q161: My parent/guardian asks if I've gotten my homework done*	2023	8.2%	7.2%	9.2%	5.6%	6.9%	12.5%	7.9%	7.7%	9.8%
• Q162: My parent/guardian wants me to call if I am going to be late getting home*	2021	7.3%	6.5%	7.8%	4.1%	6.0%	12.3%	7.0%	8.2%	7.9%
	2019	8.1%	7.6%	8.6%	4.3%	7.4%	12.6%	7.1%	11.0%	10.8%
• Q163: When I am not at home, my parent/guardian knows where I am and who I am with*	2017	9.1%	8.5%	9.9%	3.9%	9.0%	14.3%	8.4%	9.4%	12.7%
	2015	8.5%	7.9%	9.1%	4.3%	7.6%	14.2%	7.8%	10.7%	11.1%
• Q164: The rules in my family are clear	2013	9.4%	8.5%	10.5%	5.2%	11.0%	15.3%	8.1%	14.4%	12.3%
	2011	6.4%	5.2%	7.4%	4.0%	7.0%	8.0%	-	-	-
• Q165: My family has clear rules about alcohol and drug abuse	2009	6.6%	4.8%	8.6%	3.6%	8.3%	7.7%	-	-	-
	2007	6.8%	6.6%	8.1%	3.8%	7.0%	12.9%	-	-	-
• Q166: Would your parent/guardian know if you did not come home on time?*	2005	5.4%	4.3%	7.2%	2.3%	7.1%	7.6%	-	-	-
Family Opportunities for Pro-Social Involvement Scale										
	2025	82.2%	80.4%	84.4%	86.6%	82.0%	79.40%	84.7%	77.3%	75.7%
	2023	80.2%	77.1%	84.0%	84.5%	80.1%	75.4%	83.0%	77.4%	72.4%
• Q167: My parent/guardian gives me lots of chances to do fun things with them*	2021	78.1%	74.1%	82.4%	82.1%	76.9%	74.8%	80.8%	70.9%	71.0%
	2019	77.7%	76.3%	79.2%	83.1%	74.9%	75.5%	80.5%	71.6%	68.6%
	2017	77.2%	75.0%	80.7%	80.1%	76.7%	74.2%	79.7%	71.5%	69.5%
• Q168: My parent/guardian asks me what I think before most family decisions affecting me are made*	2015	75.8%	73.7%	78.1%	82.9%	74.0%	70.1%	78.2%	68.5%	68.0%
	2013	74.5%	72.1%	76.9%	80.9%	69.0%	69.9%	77.6%	63.8%	68.6%
• Q169: If I had a personal problem, I could ask my parent/guardian for help**	2011	75.0%	74.0%	75.9%	79.6%	71.3%	74.9%	-	-	-
	2009	73.2%	73.3%	77.3%	80.8%	74.0%	73.0%	-	-	-
	2007	67.9%	70.9%	76.1%	79.6%	71.8%	67.3%	-	-	-
	2005	67.3%	74.0%	74.8%	80.3%	69.9%	73.6%	-	-	-

*The wording of questions Q161-Q163 and Q166-Q168 were changed in 2019 to parent/guardian from parents.

**The wording of question Q169 was changed in 2019 to parent/guardian from mom or dad.

YAS Risk & Protective Factors

Peer & Individual

Risk Factor YAS survey questions used to calculate each risk or protective factor	Percentage of Students Exhibiting the Risk Factor									
	Survey Year	All Participants	Female	Male	8th Grade	10th Grade	12th Grade	White	Hispanic	Other
Perceived Risk of Drug Use Scale										
	2025	18.5%	14.3%	22.5%	19.0%	16.4%	19.9%	16.3%	23.7%	23.0%
How much do you think people risk harming themselves (physically or in other ways) if they:	2023	20.3%	17.2%	23.8%	18.6%	19.4%	23.0%	17.9%	24.4%	25.8%
• Q113 Try marijuana once or twice?*	2021	23.2%	19.4%	27.3%	19.0%	21.8%	29.2%	21.7%	29.4%	25.4%
• Q115 Smoke marijuana once or twice week?	2019	20.7%	16.7%	24.9%	16.5%	20.9%	24.5%	19.5%	26.5%	22.5%
• Q116 Have one or two alcoholic drinks nearly every day?	2017	26.9%	22.5%	31.9%	21.9%	26.9%	31.7%	23.6%	37.7%	34.2%
• Q117 Smoke one or more packs of cigarettes per day?	2015	-	-	-	-	-	-	-	-	-
	2013	-	-	-	-	-	-	-	-	-
	2011	-	-	-	-	-	-	-	-	-
	2009	-	-	-	-	-	-	-	-	-
	2007	-	-	-	-	-	-	-	-	-
	2005	-	-	-	-	-	-	-	-	-

*The wording of this question Q113 was changed in 2017 to one or twice a week from regularly and is no longer comparable to prior years or to state and national figures for the Low Perceived Risk of Drug Use scale.

Community

Risk Factor YAS survey questions used to calculate each risk or protective factor	Percentage of Students Exhibiting the Risk Factor									
	Survey Year	All Participants	Female	Male	8th Grade	10th Grade	12th Grade	White	Hispanic	Other
Perceived Availability of Drugs Scale										
<ul style="list-style-type: none"> Q58: If you wanted to get some cigarettes, how easy would it be for you to get some? Q75: If you wanted to get some alcohol, how easy would it be for you to get some? Q88: If you wanted to get some marijuana, how easy would it be for you to get some? Q110: If you wanted to get a drug like cocaine, LSD, heroin, or methamphetamine, how easy would it be for you to get some? 	2025	15.7%	15.3%	16.0%	6.7%	15.0%	24.5%	16.4%	15.3%	13.5%
	2023	20.2%	20.0%	20.5%	9.8%	19.0%	33.6%	20.2%	19.0%	21.6%
	2021	24.5%	25.4%	23.6%	11.3%	24.8%	38.9%	24.0%	25.1%	26.8%
	2019	33.7%	33.6%	33.9%	14.3%	33.6%	52.8%	33.3%	37.6%	33.6%
	2017	30.8%	31.5%	30.2%	10.6%	32.5%	48.5%	29.9%	36.7%	30.3%
	2015	27.6%	26.9%	28.4%	8.6%	27.5%	48.4%	25.4%	36.4%	31.4%
	2013	29.6%	28.8%	30.1%	11.1%	37.2%	53.1%	26.5%	40.8%	35.5%
	2011	35.6%	34.0%	37.0%	14.7%	38.6%	55.0%	-	-	-
	2009	35.4%	32.3%	38.7%	9.0%	38.1%	53.8%	-	-	-
	2007	38.3%	39.3%	38.9%	12.5%	45.0%	68.3%	-	-	-
2005	36.8%	37.2%	39.0%	14.3%	41.2%	58.9%	-	-	-	

“The Youth Assessment Survey continues to be an essential resource for understanding the evolving landscape of youth health in Ottawa County. By listening directly to our young people through this survey, we gain the evidence needed to adapt our programs and support systems to meet their current needs. This data empowers us to move beyond assumptions and respond with precision and compassion to the real challenges our youth face. I’m grateful for the ongoing partnership between schools, families, and community organizations that makes this vital work possible.”

Lisa Uganski, Deputy Health Officer,
Ottawa County Department of Public Health





YAS Methods

School Participation & Survey Administration

- The YAS was designed as a self-administered anonymous questionnaire for students in grades 8, 10, and 12 in Ottawa County schools.
- The YAS was a paper fillable form in 2005, 2007, and 2009. In 2011, the YAS Committee piloted an optional online questionnaire to reduce printing costs and student classroom time. Based on survey results and school feedback from 2011, the YAS Committee converted to a fully online survey system in 2013.
- The YAS Committee invited all school systems with one or more of the eligible grade levels to participate in the 2025 YAS. Nine school systems participated representing public schools and public charter schools.
- Participating school systems were advised to notify parents/guardians prior to survey administration. Survey questions, frequently asked questions, and supplementary materials were publicly accessible on the YAS website for parent/guardian review. School systems were further advised to provide a clear process through which parents/guardians could opt their teen out of the YAS for the 2025 administration cycle.
- Working with each participating school, the YAS Committee offered all participating school systems a one-month window to administer the online survey to one or more classrooms of students, either in a teacher-supervised classroom or computer lab setting. As needed in 2025, the YAS was reopened to allow participation in November by some schools.
- Schools were asked to administer the survey in a way that ensured every student had an equal chance of taking the survey, such as in a required course for each respective grade level. From September through November 2025, a total of 5,074 students voluntarily completed the online questionnaire.

Survey Questionnaire

- The core questions of the 2025 survey were adapted from the Youth Risk Behavior Survey (YRBS), a national school-based survey conducted by the Centers for Disease Control and Prevention.
- Additional items in the questionnaire were selected from resources such as state-level YRBS questions, Communities that Care, Monitoring the Future, Michigan Profile for Healthy Youth (MiPHY), and the American Psychological Association (for stress question).
- In limited instances, questions were altered or developed by the YAS Committee for more appropriate application to Ottawa County students or in response to feedback from the community.
- The survey procedures were designed to protect students' privacy by allowing anonymous and voluntary participation. Students were informed they could decline the online survey and they were also instructed to skip questions they preferred not to answer. No student identifying information was collected in any part of the survey process.
- Since 2019, survey topics (sections) have been displayed to students in a random order to reduce any bias from missingness related to interview fatigue.
- Frequency Tables, which consist of the survey questions and response options, are available online at www.ottawacountyyouth.org.

Preparing the Data

- SAS 9.4 statistical software was used to prepare and analyze the raw data from student responses.
- The 2025 YAS data were cleaned and edited for response ranges, height/weight plausibility and logical consistency in accordance with YRBS criteria contained in the **2023 YRBS Data User’s Guide**.
- Use caution when comparing the 2025 report with previous years. As new questions and behaviors are added, some questions may not be comparable to prior cycle years. In the 2025 report, past years are set to n/a even though this value may have been reported in the past (e.g., I did not participate in any of these community activities in the past 12 months). The adaptation of church group activity to faith-based activity in 2017 changed the potential results for this question. Therefore, past survey results may not be comparable. Always consult the most recent report for accurate comparisons and statistics for each survey year.
- Students were assigned to a race/ethnicity category based on their response to Which one of the following best describes your race/ethnicity?. Responses of White or Caucasian were assigned to the White category; Hispanic or Latino to the Hispanic category; and American Indian or Alaska Native, Asian, Black or African American, Native Hawaiian or Other Pacific Islander, or Multi-Racial to the Other category.

- Student weight status categories (table below) were assigned based on each student’s self-reported height, weight, age, and sex. Since all students were 20 years of age or younger, weight categories were determined based on a teen’s percentile rank according to the Centers for Disease Control and Prevention’s Pediatric Clinical Growth Charts for males and females.

Weight Status Category	Percentile Range
Underweight	Less than the 5th percentile
Healthy Weight	5th to less than the 85th percentile
Overweight	85th to less than the 95th percentile
Obese	95th percentile or more

YAS Results

- New variables were constructed based on methods used in the **2023 YRBS Data User's Guide**.
- From 198 original survey questions, 233 dichotomous yes/no research measures or variables were created. For example, survey question 7 is:

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

- | | | |
|------------|---|---------------------------|
| NO | — | 0. 0 times |
| YES | [| 1. 1 time |
| | | 2. 2 or 3 times |
| | | 3. 4 or 5 times |
| | | 4. 6 or more times |

From this question, one research measure (variable) is reported: I rode in a vehicle driven by someone who had been drinking alcohol during the past 30 days. If the student response was anywhere from 1 time to 6 or more times, then those responses were all recoded as a yes. If the student response was 0 times, then those responses were recoded as a no.

- The analysis for this report is primarily descriptive and involves the computation of percentages and counts for the yes responses to each question. One question (stress question) records a score which is averaged to provide summary statistics for each year (cycle), sex, grade, and race/ethnicity. Other questions, such as gambling and social media, have question options displayed in grouped categories to increase readability and avoid suppression.
- To increase the representativeness of the results, student response data was weighted using post-stratification weights based on the number of students in each grade of each participating Ottawa County school district (sourced from the **2025-2026 Fall Student Enrollment Counts Report**. In the 2025 YAS report, weighted percentages are reported for every variable for the most accurate picture.
- To examine whether the average age of first experience changed between 2023 and 2025, a Welch's two-sample t-test was conducted for each risk behavior (inhalants, internet pornography, prescription drugs, over-the-counter drugs, cigarettes, alcohol, vaping, marijuana, and sexual intercourse) among 12th grade students. Survey weights were applied when calculating means and standard errors to ensure results were representative of Ottawa County students. Differences between survey years were considered statistically significant at a p-value less than 0.05.
- In past cycles, if the question did not exist or is no longer comparable due to changes in wording, the data cell contains n/a.
- Some questions asked in past cycles were not included in the 2025 YAS. For example, the sexual orientation and gender identity questions asked in 2023 were excluded from this cycle. To view 2005-2023 YAS reports, visit www.ottawacountyyouth.org.

YAS Limitations

Considerations Regarding the Data

- In 2021, the world was experiencing a global pandemic of COVID-19 which may have influenced youth behavior and responses to YAS questions. Caution should be taken when interpreting the 2021 YAS results, particularly when evaluating the impact of the pandemic on teen health and behavior.
- Use caution when comparing results between subgroups (sex, grade, race/ethnicity) when the number of student respondents is small or the outcome or behavior is relatively rare. When the number of respondents is small, the amount of error increases. Where a question has fewer than five respondents reporting a behavior, the results are suppressed and replaced with n/a* to protect student identity and statistical validity.
- School personnel administered the survey to students during class time in required subjects for each target grade. In 2025, some school system grades did not meet anticipated participation numbers. Since schools volunteered to participate and classroom selection was not controlled by the YAS Committee, the sample cannot be considered randomly selected, which introduces potential sampling bias.
- As with any self-report survey, response bias may influence results. Social desirability bias—where students respond in ways they perceive as more acceptable rather than truthfully—could affect responses to sensitive YAS questions, potentially leading to underreporting of risky behaviors.
- The survey included approximately 42% of all non-home-schooled 8th, 10th, and 12th graders, with geographic representation across the county. Based on this sample size and distribution, the YAS Committee considers the results reasonably reliable and representative of Ottawa County students in these grades. Students who were absent or homeschooled during survey administration are not represented.
- Caution should be used when comparing the Ottawa County YAS results to state and national YRBS data due to key methodological differences. The YAS samples 8th, 10th, and 12th graders, whereas YRBS surveys 9th, 10th, 11th, and 12th graders. Additionally, the sampling methods differ between the two surveys.
- When comparing YAS results between 2005, 2007, 2009, 2011, 2013, 2015, 2017, 2019, 2021, and 2023 survey years, please be aware the students surveyed were not from identical districts each year. With each YAS administration, every effort was made to encourage all districts to participate.
- It is possible the change of the questionnaire format from paper to online could introduce an unknown element that impacts how students answer the YAS questions. Keep this in mind when comparing results from 2011-2025 to previous years.

YAS Sources

Page 13: Centers for Disease Control and Prevention, Division of Adolescent and School Health; Youth Risk Behavior Surveillance System (YRBSS): Conducting Trend Analyses of YRBS Data, September 2024, https://www.cdc.gov/yrbs/media/pdf/2023/2023_YRBS_conducting_trend_analyses.pdf

Page 57-61: Communities That Care, Risk and Protective Factor Scale Construction Summary, <https://www.communitiesthatcare.org.au/risk-protective-factors>

Page 66: Centers for Disease Control and Prevention, Division of Nutrition, Physical Activity, and Obesity/ Nutrition; Growth Chart Training: A SAS Program for the 2000 Growth Charts for those without obesity and CDC's 2022 Extended BMI-for-Age Growth Charts for those with obesity (ages 2 to 20 years), https://www.cdc.gov/growth-chart-training/hcp/computer-programs/sas.html?CDC_AAref_Val=https://www.cdc.gov/nccdphp/dnpao/growthcharts/resources/sas.htm

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