GHAPS - COVID-19 Guidelines 2022-23 8/23/2022

Dear GHAPS Families,

GHAPS recognizes the important role it plays in our community by providing safe, supportive learning environments for students and staff while also providing critical services that help mitigate health disparities, such as school lunch programs, and social, physical, behavioral and mental health services.

GHAPS will continue to take a layering approach by using many actions every day to help prevent the spread of infectious diseases, including the virus that causes COVID-19. These strategies include but are not limited to: promoting equitable access to vaccinations and encouraging staying up to date on vaccinations, encouraging people to stay home when sick, optimizing ventilation wherever possible, encouraging proper hand washing, following cleaning guidelines, supporting anyone who chooses to wear a mask or respirator, having COVID-19 testing supplies available for those who want them through the MI Backpack Testing program, continued management of positive cases of COVID-19 and partnering with local health department.

Symptoms of COVID-19 CDC - Symptoms of COVID-19

Possible symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Feeling Sick?

If you are experiencing any of the above symptoms, **consider** the following options:

- Get tested for COVID-19
- If you test NEGATIVE: No isolation required
- If you test POSITIVE for COVID-19, stay home for at least 5 days.
 - Day 0 is the day your symptoms began <u>OR</u> the day of your positive test if you have no symptoms.
- Individuals are recommended to wear a mask for five days after isolation.
- Learn more about CDCs Isolation Guidance CDC Isolation and Precautions for People with COVID-19

Reporting a positive Covid case

- To report a **STUDENT** positive Covid case, please contact the building secretary
- To report a <u>STAFF</u> positive Covid case, please report to your building adminstrator/office <u>and</u> contact Kara Clark at <u>clarkk@qhaps.org</u>.

Additional helpful resources:

- Managing Communicable Diseases in Schools
- CDC Operational Guidance for K-12 Schools and Early Care and Education Programs to Support Safe In-Person Learning

GHAPS will continue to update COVID-19 2022-23 guidelines as the MDHHS/CDC releases updated information and guidance for K-12 Schools and Early Care and Education Programs.