



Grand Haven High School

Intro to Physical Education Course Syllabus



Course Number:

Grade Level: 9-12

Credits : 1/2

Prerequisite Courses : N/A

Course Description:

'Intro to PE' will introduce students to Physical Education through participation in a variety of sports. Game rules along with basic technique and strategy will be included in each unit as well as participation in a full game situation.

Course Objectives

Students will be introduced to several sports, where basic game knowledge will be gained with the ultimate goal of motivating students to seek out a physically active lifestyle.

Student Expectations

Students can expect to be dressed in attire that is appropriate for physical activity and also participate in class activities on a daily basis.

Communication

Most communication with the instructor will take place via email.

Grading Policy

Final Exam: 20%

Daily Participation and Effort: 80%

Building Behavioral Expectations

TEAM GH ... One Team, One Family, One Grand Haven. Be Kind. Always.

It is our expectation that ALL GHHS students, staff and parents will ... always give their best **EFFORT** in everything that they do, work hard to be **INCLUSIVE** of each other, show **RESPONSIBILITY** in class, the hallways, cafeteria and at events, and **WORK TOGETHER** at all times!

Together, Excellence, Accountability, Mindfulness ... GO BUCS

Scope and Sequence

Badminton

Volleyball

Basketball

Floor Hockey

Air Force Football

Ultimate Frisbee

Soccer

Tennis

Softball

Dodgeball

Weight Training

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