



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FREE HEALTHY MEALS FOR KIDS

Tri-Cities Family YMCA Food Program

The Tri-Cities Family YMCA Food Program, sponsored by the Monroe Family YMCA, is serving FREE meals to local children, ages 18 years and younger or 26 years and younger with a disability. **Meals will be served at the Tri-Cities Family YMCA and River Haven Clubhouse, per the schedule below, and will include a health and wellness activity. Meals must be eaten on-site and no sign-up is required.**

River Haven Clubhouse
14546 Mercury Dr.
Grand Haven, MI 49417
Tuesdays and Thursdays
5:30–6:30 PM

Tri-Cities Family YMCA
1 Y Dr.
Grand Haven, MI 49417
Monday–Friday
4:00–5:00 PM



QUESTIONS? Contact Brandy Fisher at brandy.fisher@tcfymca.org or 616.842.7051 ext. 224

TRI-CITIES FAMILY YMCA | 1 Y DRIVE GRAND HAVEN, MI 49417 | 616.842.7051 | www.tcfymca.org
This institution is an equal opportunity provider. Approved by River Haven Management.