LAKESHORE MIDDLE SCHOOL Fall Tryouts and/or First Practice Info for 2025

SPORT	STARTING DATE, TIMES & LOCATION
Cross Country	Tuesday, August 26th 3-4:30pm meeting at South Field/Soccer field. Bring clothing for any weather (will be outside)
	Website is: ghmsxc.com
	Head Coach: Shannon Mitchell: mitchells@ghaps.org
Sideline Cheer	If interested in joining the Cheer Team please join the Band page: https://band.us/n/a8a1A714u1b1ZThere will be lots of weight training schedules,
	camps, and open gyms listed through this link. There will be a pre-tryout meeting on Aug 13 th which is listed on the above calendar.
	Head Coach - Kyle Alvord: kylejeltema@gmail.com
Boys Tennis	Monday, August 25th @ White Pines Intermediate. Boys need to take the Sports Bus right after school in the South Loop (by the office) and parents can pick them up after practice @ White Pines.
	Practice will be from 3:15-5pm Mon-Fri
	Below is a link to a summer tennis program here in GH. Space is limited so check soon:
	Head Coach Jeremy Christian: ghtenniscoach@gmail.com Summer Info
	Wednesday Drop-In Fun Matches-Open to 6-8 th graders (Boys & Girls welcome) all play levels, fun & free. These are timed matches so players get a chance to play multiple people (singles & doubles.) Held at White Pines tennis courts, June 18, July 16, July 30 th & Aug 13 th 6-7:30pm (weather permitting) For questions or text reminders contact Coach Jeremy Christian 616-935-2552
Boys Soccer	Monday, August 25 th 3-5pm @ White Pines Intermediate. Practices will be Mon-Fri 3-5pm @ White Pines. There will be a parent meeting after practice on Wednesday, September 3rd. Please dress in athletic wear appropriate for the weather, have athletic shoes (cleats recommended) and players will need to be wearing shinguards before being permitted to play. Coach Jaeger: jaegerg@ghaps.org
Co-Ed Football	Monday, August 18 th 3-5:30pm @ Lakeshore Middle School and practice will be Mon-Fri @ the same time @ the LMS Football Field. Morning Skill Days @ Lakeshore on Tuesdays 8:30am-9:30pm starting June 17 th . Trainings with Coach Buehler @ GHHS. (Incoming 8 th graders) Mon & Wed 2-3pm (Incoming 7 th graders) Mon & Wed 1-2pm. Sign up at this link:
	https://forms.gle/p4izBynSaoe1Q5Ra9 MS & Young Bucs Team Camp July 22-24 th 6:30-8pm @ GHHS. The link above can be used for signing up for the camp too.
Girls Volleyball	GH Volleyball Camps @ GHHS (Girls) June 23-26 (Boys) July 14-16 Summer Info
	Tryout Schedule: Mon. Aug 18 th (7 th & 8 th) @ Lakeshore 3-5:30 Physical & Skill Testing Tues. Aug 19 th (7 th & 8 th) @ Lakeshore 3-5:30 Skill Testing/Competitive Drills Wed. Aug 20 th (7 th @ White Pines) (8 th @ Lakeshore) 3-5:30 Competitive Drills Thur. Aug 21rst (7 th @ White Pines) (8 th @ Lakeshore) 3-5:00 Comp Drills/Team Selection
	For more info you can contact Coach Smaka : coachsmaka@gmail.com