## LAKESHORE MIDDLE SCHOOL Spring First Practice Info for 2025

SPORT	STARTING DATE, TIMES & LOCATION
Boys Track & Field	Thursday, March 20 <sup>th</sup> 3-4:30pm @ the track at LMS. Bring clothing for any weather (will be outside.) Boys need to get changed after school and meet out on the bleachers and bring everything outside with them. For more information you can contact Coach Glamzi: <a href="mailto:glamzij@ghaps.org">glamzij@ghaps.org</a>
Girls Track & Field	Tuesday, March 18 <sup>th</sup> 3-4:30pm. First practice will be meeting in Coach Mitchell's room #344  Head Coach – Scott Przystas: przystass@ghaps.org Assistant Coach – Shannon Mitchell: mitchells@ghaps.org
	Website is: ghmsxc.com
Girls Tennis	Monday, March 17 <sup>th</sup> @ White Pines Intermediate. Girls need to take Bus #77 right after school in the South Loop (by the office) and parents can pick them up after practice @ White Pines.  Practice will be from 3:15-5pm every day with 6 <sup>th</sup> graders joining from 4-5pm. There will be a Parent Meeting on March 18 <sup>th</sup> after practice for about 10min. For more information you can contact Coach DeSmit: <a href="mailto:desmitk@ghaps.org">desmitk@ghaps.org</a>
Girls Soccer	Tuesday, March 25 <sup>th</sup> 3-4:15pm @ White Pines Intermediate. The following week (Week of Mar 31rst) practice will be only Monday & Tuesday. There will be a parent meeting after practice on Thursday March 27 <sup>th</sup> . Girls will need to take Bus #77 right after school in the South Loop (by the office) and parents can pick them up after practice at White Pines.  Coach Funk: funkd@ghaps.org