Individuals who feel they are in a mental health crisis and need help immediately are encouraged to call Community Mental Health of Ottawa County’s 24-hour Crisis Line at 866-512-4357 or TTY 711.

Other emergency contacts include: National Suicide Prevention Lifeline 800-273-8255, Crisis Text Line Text HOME to 741741

There are many resources available in Ottawa County to help individuals and families get through these tough times. Most of these services are available through telehealth or online. Telehealth means services, such as counseling or case management, are provided by phone, email, or virtual meetings instead of face to face.

Individuals who are not in crisis and need mental health counseling are encouraged to contact CALL 2-1-1 for referrals and information.

The following organizations are providing ongoing mental health supports by using telehealth and/or online services:

- **Arbor Circle**
  616-456-6571
  info@arborcircle.org
  www.arborcircle.org
  Accepting new clients.
  Services offered in English and Spanish.

- **Central Wesleyan Church**
  616-392-7083
  Celebrate Recovery
  www.facebook.com/centralcr/
  www.centralwesleyan.org
  Accepting new clients.

- **Community Mental Health of Ottawa County**
  616-393-5681
  cmhaccescenter@miottawa.org
  www.miottawa.org/cmh
  Accepting new clients. Services offered in English and Spanish.

- **Holland Behavioral Health**
  616-355-3926
  www.hollandhospital.org/behavioral-health-services.aspx
  Accepting new clients. Services offered in English and Spanish.

- **Mosaic**
  616-842-9160
  info@mosaiccounseling.com
  www.mosaiccounseling.com
  Accepting new clients. Services offered in English and Spanish.

- **Beacon of Hope**
  616-594-5380 Ext. 101
  www.beaconhope.net
  Continuing to provide services to current clients, not accepting new clients.

- **City on a Hill**
  616-748-6009
  www.coahm.org
  Accepting new clients.

- **Developmental Enhancement**
  616-499-2218
  www.debh.org
  Accepting new clients.

- **Momentum Center**
  616-414-9111
  hello@momentumcentergh.org
  www.momentumcentergh.org
  Accepting new members.

- **Resilience: Advocates for Ending Violence**
  800-848-5991
  www.resiliencemi.org
  Accepting new clients. Services offered in English and Spanish.