

## PROBLEM SOLVING

# P.O.I.N.T.

### Problem:

What's the problem?

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### Options:

What can you do about the problem?

Will it make the situation better or worse?

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### Important:

What is the most important thing to you in this situation?

What are your values, what do you believe in?

### NO!!!

This option will not work.

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### Try:

Try your solution/plan and see if it works.

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