



**Grand Haven Area Public Schools**  
Vol. 30 No. 2

# spotlight



## Think big, act small: the best of both worlds offer students a world of opportunities

*by Andy Ingall*

One of my favorite parts of the Grand Haven community is the combination of a big-city mindset - encouraging innovation, growth and new ideas - and small-town values like dedication, commitment and caring for your neighbor. At GHAPS, we're committed to the idea of thinking big and acting small. We offer our students big opportunities, solving real-world problems and gaining hands-on experience, even from the youngest ages. In partnering with local businesses, organizations, non-profits, the Chamber of Commerce and more for many of these opportunities, we help students see how even a small project can make a big impact directly on their community.

This impact is being recognized on a national level, as Lake Hills and Rosy Mound were recently named 2018 Exemplary High Performing Schools and received a National Blue Ribbon Schools Award. That means these schools are among Michigan's highest-performing, and only eleven Michigan schools received this honor. In addition to accept-

ing honors on behalf of his school, Lake Hills principal Jason Lawson was named one of eleven nationwide recipients of the Terrel H. Bell Award for Outstanding School Leadership. Every day, I'm proud of all the GHAPS staff members who make success for all their top priority, but watching these two schools be recognized on a national stage was incredible. It affirms the success of our collective efforts to provide an exceptional education for our students.

Everywhere I look, I see our students not just dreaming big dreams, but doing big things - all with the small-town support that makes Grand Haven so incredibly special. I cannot thank community businesses and organizations enough for the essential education they help us provide. We could not help our students think big if our community didn't model that same mindset. I hope you enjoy seeing just a few of the many ways our students are thinking big and acting small every day.





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Spotlight is a publication of the Grand Haven Area Public Schools. For questions or comments please contact Cheri Dew at 616.850.5015 or e-mail dewc@ghaps.org.

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## BOARD MEETING SCHEDULE

Monday, February 11, 2019 @  
Peach Plains Elementary School  
Monday, March 11, 2019 @  
Griffin Elementary School  
Monday, May 6, 2019 @  
Grand Haven High School  
Monday, May 20, 2019 @  
Lake Hills Elementary School  
Monday, June 3, 2019 @  
Ferry/Voyager Elementary School

*All board meetings begin at 7:00 p.m.  
unless otherwise noted.*

## ASBESTOS PLAN • AVAILABLE FOR REVIEW

GHAPS has conducted an extensive asbestos survey of all its buildings. Based on the findings of this inspection, a comprehensive management plan has been drafted. This plan details the response actions that the district will be taking regarding asbestos-containing materials found in its buildings. This plan is available for inspection at the Education Service Center (1415 S. Beechtree) during normal business hours. If you desire to have a personal copy, please notify Ted Rescorla, Operations Director, and a copy will be supplied to you within five working days at a cost of \$1 per page.

We have endeavored to make our schools a safe place in which students can learn. Our procedures for dealing with this problem reflect that concern. If you have any questions, please contact 850.5120.





# Big opportunities start small in Young Fives classrooms

**W**ith the latest technology, cutting-edge teaching methods and a whole staff of dedicated teachers, even the smallest students in Grand Haven Area Public Schools have big opportunities.

Starting in Young Fives and continuing through Kindergarten, students have the opportunity to work with one-to-one technology in the classroom, using their own iPads to enhance learning. Students can listen to stories on an app called Epic!, use various math apps, and share what they're learning with parents using an app called SeeSaw. They also use a handwriting program called Handwriting Without Tears to help teach the correct formation of letters. Students and teachers build, trace and even use a smart board to practice letters.

Learning through play is an important part of the curriculum, so Young Fives students have Choice Time at the end of every day. They move freely around the classroom, choosing activities like art tables, kitchen play, block building, sensory tables, puzzles and games. This lays the foundation for soft skills like becoming good classroom citizens, taking turns, sharing and solving problems. It also hones skills in building and constructing, playing games, writing grocery lists, drawing and crafting. Field trips to places like Post Family Farms and the Grand Rapids Children's Museum help students connect their experiences to the



world around them.

In Young Fives, students are expected to learn all their letters (uppercase/lowercase), sounds and identifying and counting to 20. They also begin to write their own stories through pictures and inventive spelling, and start learning socialization skills.

"Young Fives teachers regularly meet with each other throughout the school year to help align our curriculum and learn from each other," says Katelyn Coon, Young Fives teacher. "We are able to collaborate and learn new techniques to implement in our own classroom."

## Kids Read Now offers big reading boost

**By Hannah Olechnowicz**

*M.P.A., Executive Director  
Grand Haven Schools Foundation*

**T**he Grand Haven Schools Foundation (GHSF) applauds Grand Haven Area Public Schools' administrators, teachers, students and parents for continuing to think big, bringing our students incredible opportunities, while acting small by tying those opportunities to our close-knit community. To support this, GHSF focuses on providing critical preschool opportunities and supports education initiatives that increase school readiness throughout the preschool-fourth grade experience. GHSF thinks big by tackling complex issues such as access to quality early childhood education, literacy and social and emotional health for our students, and we act small in the way we approach those issues. For example, in 2017, GHSF funded the Leveled Literacy Intervention curriculum, Second Step (a social and emotional health program), and our newest campaign, Kids Read Now.

Did you know at least two months of reading achievement can be lost during the summer, and it can take roughly six weeks in the fall to reteach lost skills? The Kids Read Now program works to prevent that "summer slide," managed by each building principal and a literacy coach. This program has proven successful partly because children get to take ownership and choose their own books. Each child chooses and keeps nine new books to read in the summer. The first three books will be given to children at a "Family Reading Night," and the rest mailed to each child throughout the summer. Parents will receive weekly engagement reminders and ideas via text, email and phone. Once children let us know a book has been read, another book on their list is mailed.

More than anything, we want children to build on their achievement and to develop a lifelong love of reading and learning. We are hoping to raise \$23,000 in the next few months to enroll every GHAPS student, kindergarten through third grade, in Kids Read Now. To learn more about this program or to donate, visit [www.ghsf.org](http://www.ghsf.org).



# Small groups of students solve big challenges in Homegrown and PRIME programs

In Grand Haven, students are never too young to understand their impact on the community - and local businesses are never too busy to open their doors and welcome collaboration. Launched this fall, the elementary school Homegrown and high school PRIME programs are examples of the power of school-community partnerships with students at both the beginning and end of their GHAPS experience.

Homegrown, developed by Grand Haven Area Public Schools in partnership with the Chamber of Grand Haven, Spring Lake and Ferrysburg, brings design thinking and project-based learning to elementary students by pairing classrooms with local manufacturers to solve actual design challenges. Automatic Spring Products Corp., Beacon Recycling, GHSP, Herman Miller and Klever Innovations are Homegrown's inaugural business partners.

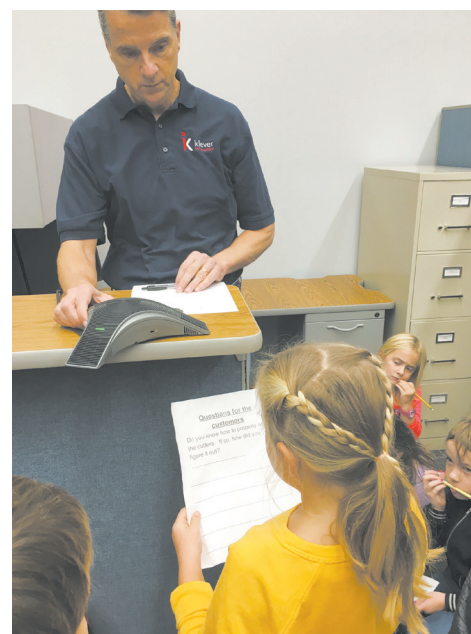
Students in Beth Bolhuis' second grade class at Peach Plains worked with Beacon Recycling to determine: "How can we design a safer and more efficient entrance?" One group developed "Brilliant Bridges," a catwalk with signs connecting Beacon's two second level offices. Another group's "Friendly Greeter" created a greeter area with signs and a person who could direct visitors, then presented their idea in the form of a play. The third group's "Pathway Power Hero" had signs and color-coded areas in the entrance area to define paths for people and fork lifts, showing them safe places to walk according to the colors on the floor. The last group's "Magnificent Maps" used color-coded maps at each of the entrances to show visitors where to go and dangerous areas to avoid.

"The initial presentations were amazing!" says Bolhuis. "I was so proud to watch them take ownership over their solutions and proudly present to a big group of people."

Here's a snapshot of some of the other Homegrown projects:



Danielle Bolthouse's first graders at Peach Plains are working with Klever Innovations to determine: How to communicate proper cutting technique



to ensure cut injuries are reduced for customers?

Beth Ingall's first graders at Mary A. White and Brooke Stolarz's third graders

at Lake Hills are working with Herman Miller to determine: How can our class help Herman Miller improve the way employees deliver table parts to the assembly group?

Annie Ratke's fourth graders at Peach Plains are working with GHSP to determine: How can we eliminate hair contamination from smart pumps?

Amanda Tejchma's second graders at Peach Plains are working with Automatic Spring to determine: How could we design a system to contain dust that is a product of coating for ASPC?

Nick Tejchma's fourth graders at Lake Hills are working with Automatic Spring to determine: How can our class redesign a new holding space to be more effective for ASPC?

At the high school level, local advanced manufacturer Shape Corp. introduced GHAPS to the SME PRIME program, which works collaboratively with schools and businesses to build custom programs that meet the educational needs of students and address the industry's talent needs.

"This program is so important - Shape Corp. is a company that saw a need and is addressing the need at a high school level, investing in the community," says Jeremy Case, Grand Haven High School teacher.

The class helps students understand needed skill sets for Shape Corp.'s work, then places them on-site to put those lessons into action. Right now, students are focusing on measurement and quality control. Once on-site, students will be involved in a wide variety of projects and processes, all designed to address real-world skills needed by Shape Corp. and other manufacturers.

"This program was built to develop skills that students will need to be successful in the workplace," says Danielle Smith at Shape Corp. "It's been really exciting to watch our team members at Shape give back to the community and also grow themselves through coaching and mentoring."



# Big possibilities are within reach at Grand Haven High School

Spending the day learning to snowboard. Creating, designing and producing a surfboard. Partnering with local nonprofits to create awareness of drug abuse. Getting hands-on experience in healthcare. In fact, ALL these opportunities and many more are open to Grand Haven High School students. In each case, classes take something big - from healthy lifestyles to product creation to community involvement - and give high school students a small peek into the possibilities of each.

## **PARTNERING WITH LOCAL NON-PROFITS WITH PAY IT FORWARD**

The mission? Get students out into the community and then actively seek to improve it with a variety of team-based projects. First, students meet a variety of community groups and nonprofits, understanding their role in the Grand Haven community. Then, students work alongside these groups to put on their projects.

"From day one, students are taught how to get involved in the community and to see beyond their own situations," says Brian Williams, Grand Haven High School teacher. "As a result, not only are the students in the class getting involved, but the student body also has an increase in awareness by seeing and participating in the projects these students create."

What do these projects look like? This year, students are:

- Working with Gracious Grounds to connect them with Grand Haven High School students.
- Creating an awareness and prevention project about sex trafficking.
- Developing an awareness evening with the Children's Advocacy Center.
- Providing holiday gifts to area homeless, working with both a local nonprofit and an area business.
- Creating awareness of drug abuse with area nonprofits.
- Planning a fundraiser to help less fortunate GHHS students.

"Students learn they have a social responsibility to use their skills to improve on the problems that they encounter, in



high school and beyond," says Williams. "Past students have said this class is by far the most challenging, yet rewarding experience throughout their time in high school."

## **TRAINING FOR A CAREER WHILE EARNING HIGH SCHOOL - AND COLLEGE - CREDIT AT THE CAREERLINE TECH CENTER**

From healthcare to heavy machinery repair and engineering to entrepreneurship, Grand Haven High School students have countless opportunities to explore future careers at the Careerline Tech Center. Students from all over Ottawa County earn high school

credit at Careerline, learning skills directly related to their career path through hands-on education, internships, job shadows and more. The 28 programs and more than 300 community partnerships mean students have a big chance to find a career fit, while still understanding the impact of that career on their community.

"These programs help students discover what they like and what they don't, what fits and what doesn't. Then they can make decisions about their future based on that," says CTC principal Dave Searles.

The application process for CTC is extensive, as seats for each program

are limited, so finding the right fit is important. Once there, though, the programs offer more than a chance to find a job after high school - they give students the opportunity to truly try out a career, working with local companies to understand the full breadth and impact of their chosen industry.

"There's certainly the opportunity to go right into a career field based on the connections these programs have - we have local companies begging for kids with skilled trades experience," says Steve Evink, Grand Haven High School

*Continued on next page*



counselor. “But, for example, a student could work with an engineering program at a local business and, based on that experience, could continue at a four year college. Of course, we always hope for the boomerang effect, where the student comes back to work and live in our community.”

**TAKING HEALTHY LIVING TO THE NEXT LEVEL IN OUTDOOR EDUCATION**

In Grand Haven High School’s outdoor education class, they do physical education a little differently, focusing on activities that promote healthy living and lifestyles with a less traditional approach. Units like surfing, paintball, rock climbing, skiing/snowboarding, canoeing/kayaking - there’s even an “Amazing Race” unit - build a lifelong love for outdoor activity rooted in fun.

“Right off the bat, I have to say - we have such a high level of community support,” says Derek Warner, Grand Haven High School teacher. “So many people go out of their way to make sure we have access to these activities. If we didn’t have this unbelievable community, this program wouldn’t exist.”

The class actually started at the middle school in the 1970’s, created by Ken Larson and Diane Veneklasen, and was brought to the high school by Ruth Rossiter. Students work their way through each course, graded not on their abilities, but on participation, earning two physical education credits in the process.

“I met Ruth at a conference 15 years ago, and I joked I’d love to have her job someday,” says Warner. “I have all kinds of students - from the top 5% to the ones who are struggling - with every type of interest, background and



ability. I tell them the first day, ‘ You’re not going to be good at everything,’ and I don’t really care how good they are at any activity. What I do care about is helping them find two or three things that they really latch onto and enjoy.”

**BUILDING A BUSINESS FROM THE GROUND UP IN ICREATE 360**

What does it take to make - actually, physically make - a product? From the design to the engineering to the production, from the idea to the marketing to the sales - what is the 360 degree view? In iCreate 360, students create a business from the ground up, selling surfboards, skateboards or paddleboards. By the end of the year, not only will the company be up and running, but students will have actually produced a product - which is then auctioned off to pay for next year’s class.

Teachers and friends Jeremy Case and Chad Jettner came up with the idea five years ago as a way to combine

their two disciplines - technology and business.

“Chad and I wanted to find ways to be creative, and we took a risk with this class,” says Case. “I don’t know of any other school doing this kind of program. But we had fantastic administrative support from the very beginning, all the way to the top. The community foundation generously gave us a grant to fund the first year, and the class has been self-funding ever since.”

Students work with Case one day a week on the technical aspects of product production, with Jettner two days a week on the work of building the business, and have two “free” days to complete projects.

“An important component in the class is: it’s a challenge, but a good challenge. In the real world, how do we handle challenges, from tight deadlines to product failures to group dynamics,” says Jettner. “I tell my students, ‘You’re doing something most adults have never done, and there are pieces that translate into any career.’”

Students build a business plan, creating everything from a formal structure to defining product life cycles and distribution. The class culminates in a final silent auction, complete with entertainment, in the spring. Students auction off their products and local businesses provide extra items. Money from the auction funds the class for the next year - another example for students of a sustainable business model.

“Our local businesses get asked to help a lot - and each year, we have incredible sponsors and great partnerships,” says Jettner. “From Porto Bello and Wet Mitten Surf Shop to Earth’s Edge and MACkite, they donate items and space to the final auction. We love having them there.”

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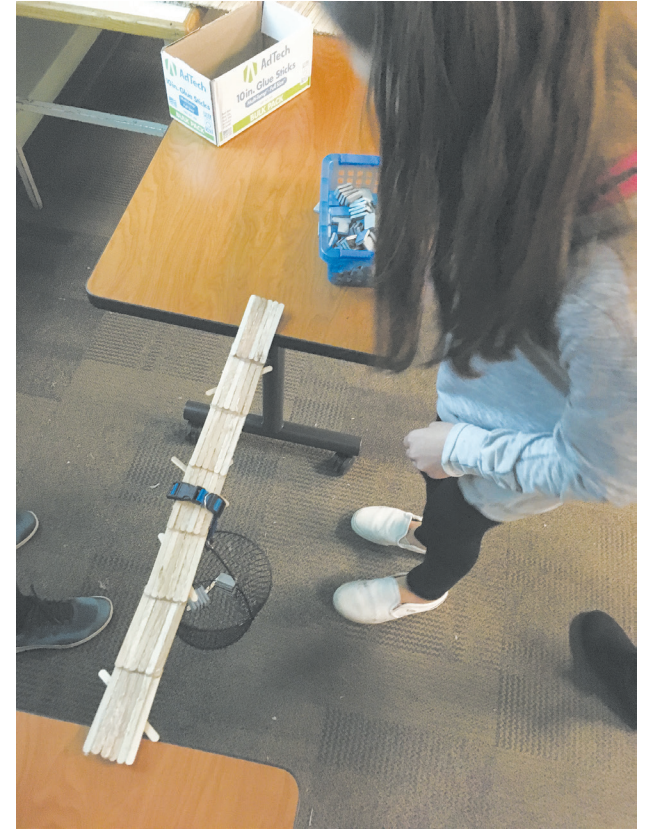
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# Expanding STEM Education from classroom to community



In Grand Haven, STEM Education doesn't just stand for Science, Technology, Engineering and Math - it stands for Skill-building, design Thinking, community Engagement and Modern problem-solving.

The foundation for all GHAPS STEM classes focuses on design thinking, employability skill-building, enhancing math and science standards, and community projects. For White Pines Intermediate students, that means starting the class with a five-day design thinking "crash course," answering the question, "How might we enhance the White Pines experience for students and families?" Students interview each other and staff to develop an idea, then pitch that idea to a panel of school staff, community

leaders and parents. The ideas with the best feedback are passed on to administration for funding and implementation.

"Starting the process with this crash course helps the students become more involved in school improvements so they can come up with ideas that are meaningful to them," says Alex Harsey, White Pines teacher. "My goal is to bring in as many experts and authentic projects as I can to make this class as 'real-life' as possible. I want students to practice collaborating and become more curious, creative problem solvers."

Next, students are launched into three different projects: computer programming, engineering and design-thinking. During the engineering project, students

work with local company GHSP on a project that challenges students to build the strongest bridge possible spanning 2 feet, using only 100 Popsicle sticks. Engineers at GHSP tested the project on themselves first, using all of their engineering tools to solve the problem, build the bridge and use the test lab to break the bridge. That way, students could see examples of the tools and methods engineers use for problem solving.

Craig Fuller, a White Pines parent and engineer for GHSP, is a regular volunteer in the STEM classroom. He jumped at the chance to give students real-world experience. "When I heard about this class as a parent, I was immediately intrigued and excited that my kids would get this opportunity," says Fuller. "My daughter was in

one of the classes that did the bridge project and I could see the excitement in her and her classmates as they went through the build. They are learning to work together, seeing what worked and what didn't, and making changes to improve. This type of learning and problem solving is going to make our kids that much more well-rounded as they grow up and are looking for their future careers and interacting in the community."

Looking to see the STEM students in action? GHAPS is hosting a Cardboard Sled Build Night at White Pines for Winterfest on Friday, January 25 from 5-8 pm. Anyone is welcome to come to the gym and build a sled, or just see the sleds built by students and teachers.



Like us on Facebook



Grand Haven  
Area Public Schools



# Local gallery gives budding artists a place to blossom



Many artists work for years to secure a spot in a gallery show - but for Grand Haven High School students, the opportunity comes much more quickly.

Seven years ago, local C2C Gallery owner Cyndi Casemier offered her space for local high school students to exhibit their work. What began as a ceramic exhibit has evolved to include jewelry, as well as 2D works displayed in a variety of stores downtown.

"I felt that students taking art courses were not getting as much attention as our

athletes, science students and honor students," says Casemier. "I loved the idea of working with the high school art teachers creating a ceramic exhibit for the students."

The show is not only on display for the community, but is also juried, offering students professional feedback on their work - which means they begin the process with a professional eye.

"Students prepare their work in a professional way, paying attention to the refinement of techniques and striving for a high level of craftsmanship," says Irene Sipe, Grand Haven High School Art

Teacher. "We are so fortunate to have this connection for our students and the community."

While students may only have two to four weeks in class for their assignments, many contribute additional time on pieces for this and other shows. Though the medium may vary, the process does not: beginning with pre-planning, including sketching and word association, creating the work, evaluating it and working through a class critique.

"The quality of the artwork is astounding," says Casemier. "When visitors view

this exhibit, they can't believe that high school students created the artwork. I almost always have questions as to whether it is for sale."

"I have seen students' work progress each year," says Casemier. "Our teaching staff are accomplished artists and talented communicators, helping students stretch themselves. The art classes help the students creatively solve problems for their art projects to complete assigned projects, which also instills a belief that they can problem solve in other parts of their life - school and personal."



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Registration deadline one week prior to start of event.  
A \$10 fee will be charged for late enrollment.  
NORA reserves the right to cancel programs if the minimum enrollment is not achieved.

### **NORA BOYS BASKETBALL LEAGUES**

4th Grade - Jan. 21-Mar. 4, Mon. 4-5:00pm  
5th Grade - Jan. 21-Mar. 13, Mon. & Wed. 4-5:30pm  
6th Grade - Jan. 22-Mar. 14, Tues. & Thurs. 4-5:30pm  
Contact NORA for details

### **CHAMPION FORCE CHEER Coed**

Questions Call: Champion Force Athletics (800)940-7469  
Tuesday nights starting & Registration February 5  
Level 1- Ages 4-6 5:30pm  
Level 2- Ages 7-9 6:15pm  
Level 3 & 4 - Ages 10 and up 7:00pm  
No class: 4/2 End date: May 28  
Ferry Elementary School Gym  
\$8/class, Level 4 \$9/class \$10 reg. fee (pay on site)

### **DANCE, DANCE, DANCE Coed**

Mondays, February 4 – March 25  
Ages 3 - 5 5:30pm-6:15pm  
5th & 6th Grade Dance Club 4:00pm-5:15pm • \$52 Res./\$67 Non.  
White Pines Intermediate School Café  
Thursdays, February 21 – April 25 (Not 3/7, 4/4)  
K - 2nd Grade 4:15pm-5:15pm  
3rd & 4th Grade 5:15pm-6:15pm  
Mary A. White Elementary Gym  
\$43 Resident/\$58 Non-Resident (except 5th/6th grade club)

### **LACROSSE, INTRO Coed**

Saturdays, Jan. 19-Mar. 16 (Not 3/9)  
K - 2nd Grade 11:00am-12:00pm  
Lakeshore Middle School Auxiliary Gym  
\$43 Resident / \$58 Non-Resident

### **SATURDAY SCIENCE Coed**

Saturdays, February 2-23  
K - 2nd Grade 9:00am-10:00am  
3rd & 4th Grade 10:15am-11:15am  
5th & 6th Grade 11:30am-12:30pm  
Limited to 12 students per class  
White Pines Inter. Science Room #502  
\$42 Resident / \$57 Non-Resident

### **SOCCER, INDOOR CLINIC Coed**

Saturday mornings, January 19 – March 16 (Not 3/9)  
Preschool - 4th Grade  
Watch for detailed flyer for times  
Lakeshore Middle School Gym  
\$43 Resident / \$58 Non-Resident

### **TENNIS, JUNIOR INDOOR Coed**

Questions Call: Lakeshore Comm. Tennis Assoc. (616) 566-7199  
Tuesdays, January 29- February 26  
K - 3rd Grade 4:00pm-5:00pm  
4th – 6th Grade 5:00pm-6:00pm  
Limited to 12 students per class  
Rosy Mound Elementary Gym  
\$75 Resident/\$90 Non-Resident

### **TUMBLING & FLOOR GYMNASTICS**

Coed - Kara Duncan  
Wednesdays, March 13 – May 22  
Ages 4 - 5 5:30pm-6:15pm • \$69/\$84  
Ages 6 - 7 6:15pm-7:00pm  
Ages 8 - 12 7:00pm-7:45pm  
Ferry Elementary School  
\$79/Resident / \$94 Non-Resident, except 4-5 year olds

### **YOUTH SPORTS INTRO Coed**

Saturday, Jan. 19 – Mar. 16 (Not 3/9)  
Preschool Age 9:00am-9:45am  
K & 1st Graders 10:00am-10:45am  
Lakeshore Middle School Aux. Gym  
\$43 Resident / \$58 Non-Resident

### **YOUTH DROP IN OPPORTUNITIES**

Must pre-register to attend  
**LACROSSE, INDOOR OPEN GAMES**  
Saturdays, January 19 – March 16 (Not 3/9)  
5th - 8th Grades Girls 9:00am-10:00am  
5th - 8th Grades Boys 10:00am-11:00am  
Must have knowledge of sport and provide own equipment  
White Pines Intermediate School Gym  
\$45 Resident / \$60 Non-Resident  
**SOCCER, INDOOR OPEN GAMES**  
Sundays, January 20 – March 17 (Not 3/10)  
5th - 8th Grades Girls 2:00pm-3:30pm  
5th - 8th Grades Boys 3:30pm-5:00pm  
Supervised drop in games, wear shin-guards & athletic shoes  
Lakeshore Middle School Gym  
\$45 Resident / \$60 Non-Resident

### **SELF DEFENSE**

SANCHIN-RYU Age 5 and up Coed  
Questions Call: Sanchin Systems, Inc. (517)589-8256  
Tuesdays, Feb. 12 – April 9 (Not 4/2)  
Sensei Erwin Essenburg, 4th Degree Black Belt  
Youth 6:00pm-7:00pm  
Families 7:00pm-8:00pm  
Adult & Teens 7:00pm-8:00pm  
Peach Plains Elementary Gym  
\$35 Resident/\$50 Non-Resident (Family \$70/\$85)

### **CHAMPION FORCE SELF-DEFENSE**

Coed Age 4 – 18  
Questions Call: Champion Force Athletics (800)940-7469  
Tuesday nights starting & Registration February 5  
New students-White belts 5:30pm-6:15pm • \$8/class  
Yellow belts 6:15pm-7:00pm • \$8/class  
Green and Purple belts 7:00pm-8:00pm • \$10/class  
Brown, Red and Black belts 7:00pm-8:30pm • \$12/class  
No class: 4/2 End date: June 4  
Griffin Elementary Gym  
Per Day fees + \$10 registration fee (pay on site)

### **SPECIAL EVENTS**

**MORE...DRAWING & ILLUSTRATION Coed**  
Saturday, January 19th  
Instructor: Kevin Collier, Artist & Author  
Ages 8 - 12 - 9:30am-11:30am  
Lakeshore Middle School Café  
\$16 Resident / \$31 Non-Resident

### **32nd ANNUAL DADS & DAUGHTERS DANCE**

Sponsored by Cold Stone Creamery  
K-2nd Grades January 28 or 30  
3rd & 4th Grades February 5 or 7  
5th & 6th Grades February 11  
6:00pm-8:00pm  
White Pines Middle School Café  
\$25 Resident Couple / \$40 Non-Resident Couple

### **1st ANNUAL DADS & DAUGHTERS MASQUERADE DANCE**

Sponsored by The Detail Shoppe  
7th Grade and up  
Wednesday, February 13  
6:00pm-8:00pm, price includes dinner  
White Pines Middle School Café  
\$35 Resident Couple / \$50 Non-Resident Couple

### **SONG & DANCE FACTORY Coed**

Sponsored by GH Choir Boosters  
K - 6th Grades  
Saturday, March 2, 2019 (no registrations after 2/27/19)  
Check In: 12:30pm  
Workshop: 1:00pm-4:00pm  
Performance: 4:00pm  
White Pines Intermediate School Auditorium  
\$40 Resident/\$55 Non-Resident

### **ADULT OPPORTUNITIES**

**OPEN BASKETBALL**  
Saturdays Year Round  
12:00pm-2:00pm  
Lakeshore Middle School Gym  
\$5/visit Resident, \$10/visit Non-Resident

### **OPEN VOLLEYBALL**

Coed – Tues., into May as attended  
Men over 50 – Wed., into May as attended  
7:00-9:00pm  
Lakeshore Middle School Gym  
\$3/visit Resident, \$5/visit Non-Resident

ADULT DODGEBALL LEAGUE  
ADULT KICKBALL LEAGUE  
ADULT SOCCER LEAGUE  
ADULT SOFTBALL LEAGUES  
ADULT VOLLEYBALL LEAGUES  
Call NORA for more details 850-5125

### **ONLINE REGISTRATION AVAILABLE**

### **CHRIS CHRISTIANSEN YOUTH SCHOLARSHIP FUND**

This fund was established for the purpose of providing youth with special financial needs the means to participate in activities sponsored by the Northwest Ottawa Recreation Authority. Call 850.5125 for further information. Donations always accepted.

The Northwest Ottawa Recreation Authority is a cooperative effort sponsored by Grand Haven, Grand Haven Twp., GHAPS, Ferrysburg, and Robinson Twp. to provide quality recreation and leisure activities for our community and is administered by GHAPS.

### **NORA Policies:**

1. A \$15.00 fee will be charged for all returned checks.
2. NORA reserves the right to cancel programs if the minimum enrollment is not achieved.
3. Registration deadline one week prior to start of event.
4. Late fee of \$10.00 will be assessed for late enrollment.
5. A full refund will be issued if NORA cancels a class.
6. A full refund less a \$5 processing fee will be issued if participant cancels at least 48 hours prior to the start of class.
7. If cancellation is less than 48 hours of class beginning, a voucher for value of class will be issued less the \$5 processing fee. **VOUCHER CAN BE USED TOWARD ANY NORA CLASS, JUST LIKE CASH, BUT MUST BE USED WITHIN ONE YEAR.**
8. **NO REFUND** will be issued if canceling on day of class.
9. **NO REFUND** will be issued after class starts regardless of attendance.

Become a fan or friend on FACEBOOK



# Grand Haven Community Aquatics Center

17001 Ferris Street, Grand Haven, MI 49417 • Info & Registrations: 616.850.5126 or 616.850.6292 FAX 616.850.5127 • Website: [www.ghaps.org/aquatics](http://www.ghaps.org/aquatics)

## PARENT TOT CLASSES 6 MONTHS – 2 YEARS

Parent Tot Swim class is a great opportunity to help your child feel comfortable in and around the water while emphasizing safety and fun. Basic swimming and water skills are taught: floating on front and back, kicking, paddling and blowing bubbles are just a few. Parent Tot class gives parents information and techniques to help orient children to the water and to supervise water activities. This class is not intended to teach children to become swimmers or to survive in the water on their own. Parents are required to be in the water with your child. Children must meet the age requirement of 6 months at the beginning of each swim session. Children not toilet trained must wear a swim diaper or snug fitting plastic pants over a cloth diaper. (HUGGIES Swim Diapers work the best)

AQU7657-01 / Feb. 18-Mar. 25 / Monday  
6:15-6:45pm / \$33res/\$48 non-res / 6 lessons

## PRESCHOOL LESSONS 3 YEARS – 5 YEARS

### Family/Therapy Pool

There are 3 levels of swimming with in the Preschool lessons. Each level has specific skill requirements that children are required to reach before moving on to the next swim level. Progress reports are provided at the last lesson of each session. Preschool classes will be divided into skill levels or smaller classes will be taught according to your child's skills.

Preschool Level 1 ~ Children must be at least 3 years of age, a good listener and ready for a group lesson. Skills that will be taught: entering and exiting the water, front/back floats and glides, blowing bubbles, kicking and paddling of arms, going underwater and retrieving an object in shallow water. Child moves on when all requirements are met.

### Preschool Level 2 ~ Prerequisite Level 1 skill tests.

Children continue to work on all basic swim skills, floating and gliding longer distances, retrieving objects in chest deep water, finning on back, combining arms and legs with face in water and independent paddle stroke.

### Preschool Level 3 ~ Prerequisite Level 2 skill tests.

Basic skills are continued with greater independence. Bobbing 10 times, blowing bubbles with face in water, rotary breathing is introduced, treading water in shoulder deep water. Introduction to the deep water (competitive pool). Once level 3 is completed or child is 6 years of age, instructors will place child in the appropriate school age swim level.

Monday class – 6 weeks / Friday class – 8 weeks  
Mon / Jan 7-Feb 11 / 4:30-5:00p  
\$33res/\$48nr / AQU7658-01

Mon / Jan 7-Feb 11 / 6:15-6:45p

\$33res/\$48nr / AQU7658-02

Mon / Jan 7-Feb 11 / 6:45-7:15p

\$33res/\$48nr / AQU7658-03

Fri / Jan 11-Mar 1 / 4:30-5:00p

\$44res/\$59nr / AQU7658-04

Mon / Feb 18-Mar 25 / 4:30-5:00p

\$33res/\$48nr / AQU7658-05

Mon / Feb 18-Mar 25 / 6:45-7:15p

\$33r/\$48nr / AQU7658-06

## SCHOOL AGE LESSONS ~ 6-12YRS OLD LEVEL 1: INTRODUCTION TO WATER SKILLS~ FAMILY/THERAPY POOL

No skill prerequisites, age requirement of 6 years. At this level participants develop basic aquatic skills, positive attitudes and safe practices around the water. Skills that are taught: front/back floats, front/back glides, bobbing, recovering objects in the shallow end, basic paddle stroke skills.

Monday class – 6 weeks / Friday class – 8 weeks

Mon / Jan 7-Feb 11 / 5:00-5:30p

\$33res/\$48nr / AQU7659-01

Fri / Jan 11-Mar 1 / 5:00-5:30p

\$44res/\$59nr / AQU7659-02

Mon / Feb 18-Mar 25 / 5:00-5:30p

\$33res/\$48nr / AQU7659-03

## LEVEL 2: FUNDAMENTAL AQUATIC SKILLS ~FAMILY/THERAPY POOL.

Prerequisites, successful demonstration of Level 1 skills assessment. Participants will continue to gain confidence and independence in the water. They continue to build on the basic skills of floating, gliding and paddle stroke. Rotary breathing and back stroke is introduced along with swimming longer distances. Participants are also introduced to deep water swimming.

Monday class – 6 weeks / Friday class – 8 weeks

Mon / Jan 7-Feb 11 / 5:30-6:15p

\$33res/\$48nr / AQU7660-01

Fri / Jan 11-Mar 1 / 5:30-6:15p

\$44res/\$59nr / AQU7660-02

Mon / Feb 18-Mar 25 / 5:30-6:15p

\$33res/\$48nr / AQU7660-03

## LEVEL 3: STROKE DEVELOPMENT ~ COMPETITIVE POOL

Prerequisites, successful demonstration of Level 2 skills assessment. At this level participants build on the skills learned in Level 1 and 2 to help participants achieve basic water competency in a pool environment. Participants are swimming 25yards of front and back crawl, they are gaining endurance. Skills introduced at this

level: elementary backstroke, dolphin kick, breaststroke kick, streamlining, sit dives, survival floating and treading water times are extended.

Friday class – 8 weeks

Fri / Jan 11-Mar 1 / 6:15-7:00p

\$44res/\$59nr / AQU761-01

## LEVEL 4: STROKE IMPROVEMENT ~ COMPETITIVE POOL

Prerequisites, successful demonstration of Level 3 skills assessment. At this level participants work on proficiency in performing the swimming strokes that were introduced in level 3. Butterfly and breaststroke is introduced along with underwater streamline and head first entries. Participants continue to build endurance.

## LEVEL 5: STROKE REFINEMENT ~ COMPETITIVE POOL

Prerequisite, successful demonstration of Level 4 skills assessment. At this level participants refine their performance of all six swimming strokes: front crawl, back crawl, elementary backstroke, breaststroke, side-stroke and butterfly. Skills introduced at this level: long shallow dives, surface dives, and flip turns. At this level swimmers will also increase endurance with additional yardage.

## LEVEL 6: SWIMMING AND SKILL PROFICIENCY-PERSONAL

Water Safety ~ Competitive Pool

Prerequisite, successful demonstration of Level 5 skills assessment. Refine strokes so participants swim them with greater efficiency and effectiveness over longer distances. Participants learn how to prevent aquatic emergencies and are taught to practice self-rescue techniques. Level 6: Swimming and Skill Proficiency-Fundamentals of Diving ~ Competitive Pool Prerequisite, successful demonstrations of Level 5 skills assessment. Participants continue refining strokes with greater efficiency and effectiveness. Participants are taught the fundamentals of springboard diving skills.

Level 6: Swimming and Skill Proficiency- Fitness Swimmer ~ Competitive Pool

Prerequisite, successful demonstration of Level 5 skills assessment. Participants continue refining strokes with greater efficiency and effectiveness. Fitness swimming skills are taught: circle swimming, using a pace clock, use of swim equipment, up to set up an exercise program, training techniques and calculating a target heart rate.

*Continued on next page*



## LEVEL 4-6 ARE COMBINED

Friday class – 8 weeks  
Fri / Jan 11-Mar 1 / 6:15-7:00p  
\$44res/\$59nr / AQU7662-01

## PRIVATE AND SEMI-PRIVATE SWIM LESSONS

Grand Haven Community Aquatics offers private and semi-private swim lessons for the fearful child to the adult who would like to learn to swim or fine tune strokes. You will receive 5/30 minute lessons. Lessons are schedule on a first come basis. Lessons are scheduled around the pool schedule and instructor availability. Please call Joanne, 616-850-6292.

### PRIVATE LESSONS

1 participant / \$100 res/ \$115 non res

### SEMI-PRIVATE LESSONS

2 participants / \$90 res/\$105 non res  
(each student)

3 participants / \$80 res/\$95 non res  
(each student)

4 participants / \$70 res/\$85 non res  
(each student)

Adult Water Exercise Classes

Family/Therapy Pool

### AQUA DYNAMICS

An instructor led exercise class that utilizes barbells, kickboards and noodles combined with stretching, toning and cardiovascular workout. Participants control intensity and impact to fit their need. No class Nov. 23 and 24.

Family/Therapy Pool

No class Mar. 29 and April 1-5 (Spring Break)

M/W/F / Jan 7-Mar 1 / 9-10am

\$80res/\$90nr / AQU7664-01

T/TH / Jan 8-Feb 28 / 9-10am

\$58res/\$58nr / AQU7664-02

M/W/F / Mar 4-May 3 / 9-10am

\$77res/\$87nr / AQU7664-03

T/TH / Mar 5-May 2 / 9-10am

\$58res/\$68nr / AQU7664-04

### ARTHRITIS WATER EXERCISE

An instructor led class designed to strengthen and tone muscles as well as increase flexibility, balance and coordination to carry out daily tasks more efficiently. This is a great class for those who experience pain associated with arthritis, fibromyalgia, lupus or other joint and muscle conditions.

Family/Therapy Pool / No class April 1-5  
(Spring Break)

T/TH / Jan 8-Feb 28 / 10-11am

\$58res/\$68nr / AQU7664-05

T/TH / Mar 5-May 2 / 10-11am

\$58res/\$68nr / AQU7664-06

## AQUANASTICS

Adult water exercise class designed for both the swimmer & non-swimmer to improve flexibility, strength and fitness. This class is a great cardio workout. Family/Therapy Pool /

No class April 1-5 (Spring Break)

T/TH / Jan 8-Feb 28 / 5:15-6:15p

\$58res/\$68nr / AQU7664-07

T/TH / Jan 8-Feb 28 / 6:15-7:15p

\$58res/\$68nr / AQU7664-08

T/TH / Mar 5-May 2 / 5:15-6:15p

\$58res/\$68nr / AQU7664-09

## 2019 COMMUNITY LAP AND OPEN SWIMS

The Grand Haven Community Aquatics Center is open to the community with a variety of aquatic options: swim instruction for all ages, competitive swim teams, water polo, water exercise classes, community lap swim and open swims. The Aquatics Center also offers birthday parties and pool rentals.

### ADULT / LAP SWIM

The competitive (main) and auxiliary (therapy/family) pools are available for an early morning workout or a noontime swim. This time is for those 16 years or older for lap swim, individual water exercise or water walking. Exercise equipment (noodles, water joggers, pull buoys, kickboards) are available for your use. Lap swim hours are available online [www.ghaps.org/aquatics](http://www.ghaps.org/aquatics)

### OPEN/LAP SWIM

Open Swim is a great time to enjoy the pools either as a family, group of friends or as an individual. Lifejackets are available for use during your stay at the pool. Parents or guardians of non-swimmers or those using swim aids (lifejackets) are required to be in the water, within an arm's reach and must have constant supervision. An adult must accompany all children under the age of 11 years old.

Open Swim hours are available online [www.ghaps.org](http://www.ghaps.org)

Lap/Open Swim Costs

Daily-Yearly

Children/Students \$3.00 / \$75

Senior Citizens \$3.00 / \$75

Adults \$4.00 / \$150

Family \$8.00 / \$275

### EMPLOYMENT OPPORTUNITIES -

Grand Haven Community Aquatics is hiring lifeguards and swim instructors. Early morning, noon and evening hours are available. Apply online [www.ghaps.org](http://www.ghaps.org) Interested in becoming a lifeguard or swim instructor? Please call Grand Haven Aquatics, Joanne Dille, 616-850-6292.

## CHILD SERVICES

# SAVE THE DATE for the Early Education EXPO



**February 7, 2019**  
from 4:30-6:00pm

Grand Haven Community Center ~ 421 Columbus Ave.

### EARLY EDUCATION EXPO

Preschool is the launchpad for a child's future social, emotional and academic success in school. Come learn about what Grand Haven has to offer at the Early Education Expo on Thursday, February 7th from 4:30-6:00pm at the Community Center (421 Columbus Ave.). Parents will have the opportunity to talk to representatives from area pre-schools and gather material to make an informed decision about their child's early education. There will be supervised activities for kids, to allow parents to visit with preschool representatives and local family resources in our community. This event is sponsored by the Grand Haven Area Public Schools and the Tri-Cities College Access Network.... Working together to provide an exceptional early education experience for all!

Browse and get information from area preschools.  
Children's activities and prizes.

For more details, call Grand Haven Preschool Child Services at 616-850-6825.





# Take A Ride With Us!

Harbor Transit provides safe, convenient transportation to area residents.



**Harbor Transit covers a 55 square mile service area with the territorial boundaries being Wilson St. (North), Fillmore St. (South), 144th Ave. (East), and Lake Michigan (West).**

Harbor Transit provides daily service to hundreds of riders going to work, school, medical appointments, and other destinations. Its fleet is made up of 27 wheelchair accessible service vehicles. Most of our buses and vans have a low floor and ramp so boarding for those with a wheelchair or walker can be done **easily and safely**. Always here to serve your transportation needs.



**Multiple ride fare cards can be purchased for your child saving time and money!**

**12 rides for \$7.50**  
(get two free rides)

**36 rides for \$22.50**  
(get six free rides)

#### OFFICE HOURS:

Monday-Friday 6am to 6pm • Saturday 9am to 4pm

**Call 842-3200**

[www.harbortransit.org](http://www.harbortransit.org)

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